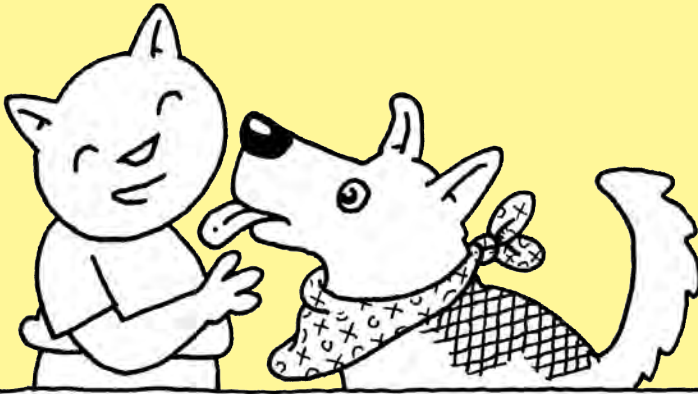


## PET TALK #8:



### **Don't feel ashamed by your fears.**

Each of us is born into the world crying. Bow your head to your humanity. Yes, to be alive is also to be afraid in the dark of night. But, to be alive is also to take pleasure in the light of day, in the sun, in the movement of your life over time, in the love you feel for life and for others.



**Someone whom I admire  
because of the courage they have shown:**

TYPE HERE

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