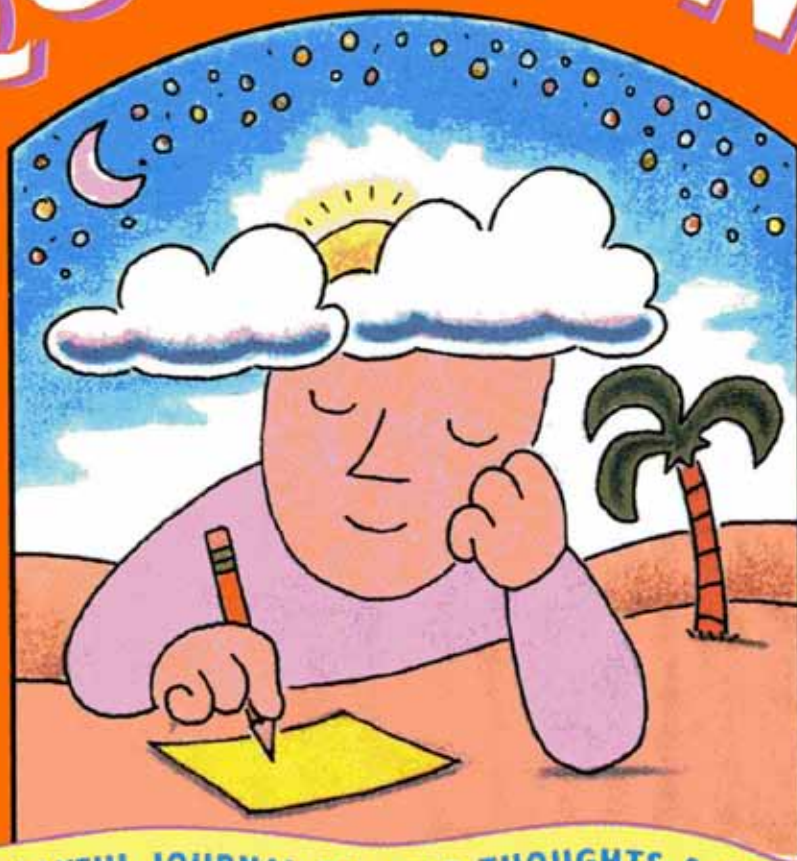




A BOOK OF



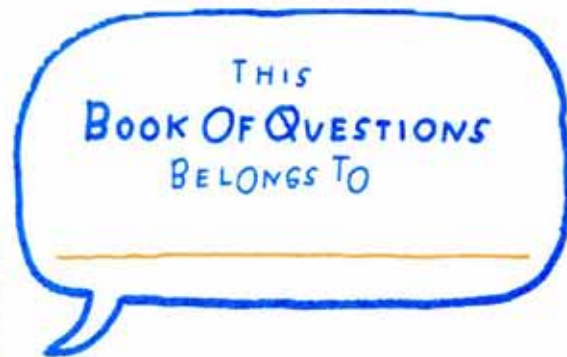
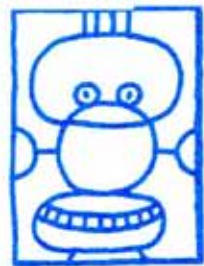
QUESTIONS



A PLAYFUL JOURNAL TO KEEP THOUGHTS & FEELINGS

by BILL ZIMMERMAN

Art by Tom Bloom



LISTEN TO YOUR HEART. IT WILL GIVE YOU ANSWERS,
ESCUCHA LA VOZ QUE LLEVAS ADENTRO, TE DARÁ LAS RESPUESTAS.



A BOOK OF



QUESTIONS

A PLAYFUL JOURNAL TO KEEP THOUGHTS & FEELINGS

Questions in English and Spanish
PREGUNTAS EN INGLES Y ESPANOL

by BILL ZIMMERMAN

Art by Tom Bloom



An Interactive Digital Journal
from MakeBeliefsComix.com



Copyright © 1984, 1993, 1997, 2015 by William Zimmerman

Drawings Copyright © 1997 by Tom Bloom

Translations by Teodorina Bello de Zimmerman

Book design: Barbara Berasi

All rights reserved under international and Pan-American Copyright Conventions. No part of this book may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without express written permission of the publisher, except for brief quotations or critical reviews.

The author welcomes comments and suggestions about what you would like to see included in future editions.

Please write to:

William Zimmerman, Guarionex Press Ltd.

201 West 77 Street, New York, NY 10024.

Or email billz@makebeliefscomix.com.

Thank you.

For other books by Bill Zimmerman, visit

<http://www.billztreasurechest.com> or

<http://www.makebeliefscomix.com>



*For Carlota,
who has so many questions:
May you find the answers,
And never take “no” for an answer.*

HOW TO USE THIS JOURNAL



I originally wrote this book of questions as a way to help me think through the many questions I had in my life, for **posing questions puts one on the path to finding answers.**

I found that the book, once published, took on its own life. Over the years I've received letters from a wide range of users—from teachers and children in elementary schools, to teenagers and young adults looking for fun and self-enlightenment, to harried business executives and working parents seeking a way to relax and touch base with themselves, to people in senior citizen centers wanting to reflect on their lives.

Many educators use this book of questions to encourage youngsters and adults who are learning how to read and write English to practice language, reading, and creative skills. Many teachers use the individual questions as subjects for essays, poems, and plays. Some have even replicated individual pages in poster form and asked each student to enter his or her contribution. Others have used the book as a model to encourage students to write their own journal of questions and answers.

For those who teach young and old how to read and write English or Spanish as a second language, *A Book of Questions* can be an invaluable tool for helping people try their new language skills in a nonthreatening manner. The questions are offered in both languages.

This book has also been used by many counselors in therapy and recovery programs that encourage journal-keeping as a way to help people heal. I have found that writing a few minutes a day in this little book leads to better self-understanding.

For those of you who are parents, grandparents, aunts and uncles or big brothers and sisters, **why not sit down with the child in your life one night or Sunday morning and answer a question together?** Doing so can give you a unique insight into how your minds and spirits work. If your children are too young to read the questions on the page, you can read it for them aloud and ask the children to dictate a response that you can write for them. This will reinforce the value of their voice. That often was the way I encouraged my own daughter to write and to believe that what she thought was important.

But there is one thing to remember, too, in using this book. **It is foremost a resource to have fun with,** the fun that comes from having your own private journal to keep the thoughts that are yours alone, that capture your jokes and laughter, your sweet madness, your special way of looking at life and the world. **Make this book your own personal treasure chest.**



(This book is formatted as an interactive digital journal. When downloaded, it will allow your students to type directly on their computer screens into the areas under the writing prompts. When a student is done typing, simply save the document until the next time she or he is inspired to make new entries. Students can print out any individual pages that they want.)

FOREWORD



This book will be unlike any other you have read because it will be written by you. It will hold the thoughts and feelings that belong only to you.

So many of us say we want to keep a journal, but when we decide to try, we're not quite sure what to write in it.

This book will enable you to begin, because it provides a simple way for you to think about your life; it questions you and encourages you to respond with written thoughts.

And such writing will help you decipher yourself. The questions in this book are here to help you to talk to and know yourself better through your written responses to them. They are questions I have asked myself throughout my life. I believe they will have meaning for you, too.

They are here to help you take your pulse, to hear your special voice. The questions are meant to free you, to amuse you, to puzzle you, to help you break away from the hard work you do.

Choose the ones you want to answer in any order; feel free to change them to meet your own needs—they are merely a guide. Simply write whatever thoughts come to mind in the space provided under the questions, and add to them with time. There also is a place to write the date for the thought.

Don't worry if you don't have answers to a particular question. Come back to it when you feel ready.

This book is formatted as an interactive digital journal. When downloaded, it will allow readers to type directly on their computer screens into the lined areas under the question prompts. When you are done typing, simply save the document until the next time you are inspired to make new entries. You also can print out any pages which you want.

Enjoy my book of questions. Through use, it becomes your book of answers. Remember, once you complete it, there will be no book like it in the world because it is created by you. Start this book when you are ready to listen to yourself.

Sincerely,



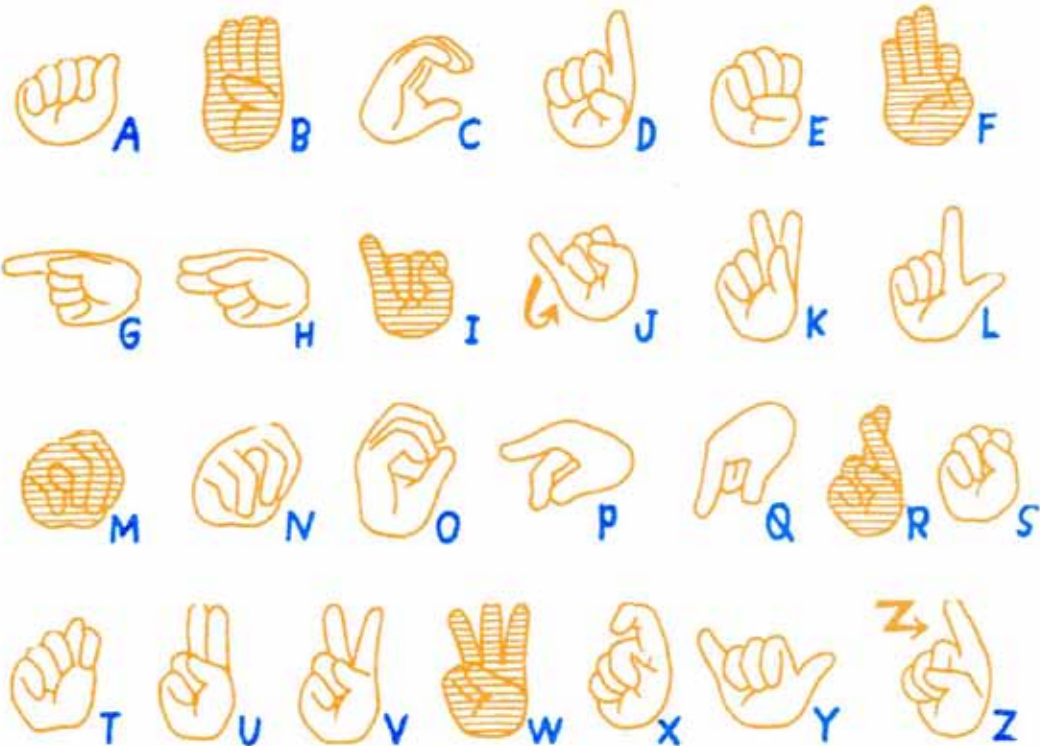
P.S. Dear reader,
I have included a special message throughout the book written in sign language that can be deciphered with help from the sign language alphabet found on the following page. By spelling out the sign letters found on the bottom of each left-hand page, you will discover this message to sweeten your path to answers. I use sign language in this book because, increasingly, many of us are learning this beautiful language as a way to communicate with others. You also will see that the book's questions are written in Spanish, as well as in English, as so many of us also are beginning to use this language in our daily lives.
Enjoy!

P.P.S.
AND REMEMBER, THERE ARE NO
»RIGHT« ANSWERS !!! ONLY THOSE
THAT COME FROM YOUR HEART.



AMERICAN SIGN LANGUAGE ALPHABET

AS YOU TURN THE PAGES, YOU WILL FIND THE SIGNS FOR DIFFERENT LETTERS ON THE BOTTOM OF EACH RIGHT-HAND PAGE. DECIPHER THEM IN ORDER AND YOU WILL DISCOVER THAT THEY SPELL OUT AN ENCOURAGING MESSAGE TO HELP YOU ON YOUR PATH TO ANSWERS.



A Book of Questions

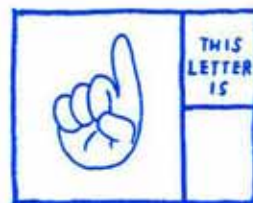


WHAT HAVE BEEN THE



TIMES OF YOUR LIFE?
¿CUALES FUERON LAS EPOCAS MAS
FELICES DE TU VIDA?

TUS PENSAMIENTOS/YOUR THOUGHTS



DATE / FECHA

A Book of Questions



DO A DOODLE OR TWIDDLE

WHAT SPECIAL THING
HAPPENED TO YOU TODAY?
¿QUE DE ESPECIAL TE OCCURIO
HOY?

TUS PENSAMIENTOS/YOUR THOUGHTS

DATE / FECHA

A Book of Questions

WHAT'S FUNNY ABOUT YOURSELF THAT
MAKES YOU SMILE WHEN YOU
THINK ABOUT IT?
¿QUE TE HACE GRACIA DE TI MISMO(A)
QUE AL PENSARLO HACE
QUE SONRIES?

TUS PENSAMIENTOS/YOUR THOUGHTS



DATE/FECHA

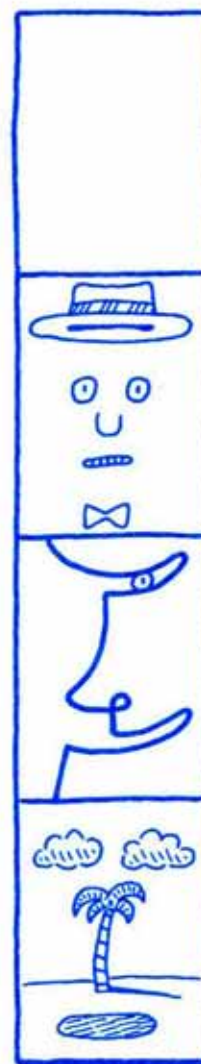
A Book of Questions

IF YOU HAD THREE MAGIC WISHES
THAT COULD COME TRUE, WHAT WOULD
THEY BE?

<YOU DON'T HAVE TO WRITE THEM ALL AT ONCE>
SI TU PUDIERAS REALIZAR TRES DESEOS
MAGICOS... ¿CUALES SERIAN?
<NO TIENES QUE ESCRIBIRLOS TODOS A LA VEZ>

TUS PENSAMIENTOS/YOUR THOUGHTS

LET'S FACE IT



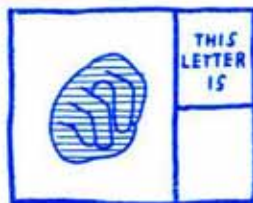
DATE/FECHA

A Book of Questions



WHAT
ARE YOUR
STRENGTHS
THAT GET YOU
THROUGH THE HARD TIMES?
¿QUE SON LAS DESTREZAS QUE TE
FACILITAN SOBRESALIR A DURAS PENAS?

TUS PENSAMIENTOS / YOUR THOUGHTS



DATE / FECHA

A Book of Questions



FACE VALUE

WHAT'S YOUR FAVORITE
STORY ?
¿CUAL ES TU CUENTO FAVORITO?

TUS PENSAMIENTOS / YOUR THOUGHTS

DATE / FECHA

A Book of Questions



IF THERE WERE NO TOMORROW,
WHAT WOULD YOU DO TODAY?
SI NO TUVIERAS PORVENIR... ¿QUE HARÍAS HOY?

TUS PENSAMIENTOS / YOUR THOUGHTS



DATE / FECHA

A Book of Questions

DRAWING ROOM



WHAT IS THE MOST IMPORTANT
PIECE OF INFORMATION YOU'VE PICKED
UP IN LIFE SO FAR?
¿QUE ES LA INFORMACION MAS IMPORTANTE
QUE HAS RECOGIDO EN LA VIDA HOY EN DIA?

TUS PENSAMIENTOS

D A T E

A Book of Questions

IF YOU COULD CREATE SOMETHING VERY BEAUTIFUL
FOR THE WORLD, WHAT WOULD IT BE?
SI PODIERAS CREAR ALGO BIEN BELLO PARA EL MUNDO ¿QUE SERIA?

YOUR THOUGHTS

IF YOU COULD DISCOVER A NEW STAR, WHAT WOULD YOU CALL IT?
SI PODIERAS NOMBRAR UNA ESTRELLA NUEVA ¿COMO LA LLAMARIAS?

YOUR THOUGHTS



A Book of Questions

WHAT MAKES YOU MOST HAPPY?
¿QUE TE CONTENTA MAS?

TUS PENSAMIENTOS

WHAT IS THE SMELL THAT MAKES YOU
FEEL SAFE AND CARED FOR?
¿CUAL ES EL OLOR QUE HACE QUE TE SIENTAS
SEGURO Y ESMERADO?

TUS PENSAMIENTOS

A Book of Questions

>> SIDEWALK TALK <<
WRITE·DRAW OR COLOR THIS SPACE



YOUR THOUGHTS



FECHA

A Book of Questions

WHAT NEW THINGS
WOULD YOU LIKE TO DO?
¿QUE COSAS HAY DE NUEVO QUE
TE GUSTARIAN HACER?

TUS PENSAMIENTOS

DRAW YOUR OWN CONCLUSION





D A T E


A Book of Questions

WHAT BAD MEMORY OR DREAM KEEPS PLAYING OVER
AND OVER IN YOUR HEAD LIKE A BROKEN MELODY?
¿QUE RECUERDO O SUEÑO DESGRACIADO TE ROCA REPITADAS VECES POR
LA CABEZA COMO UNA MELODIA QUE NO SE TERMINA?

YOUR THOUGHTS

DATE

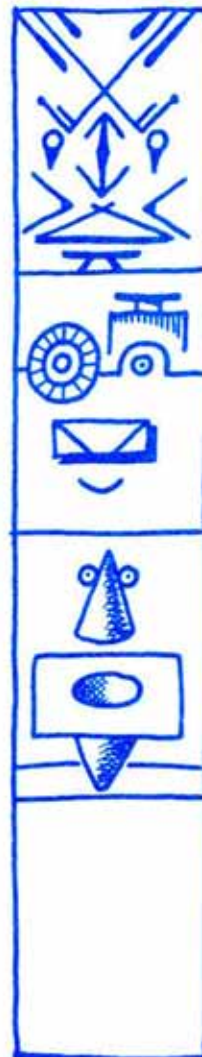


THIS LETTER IS

A Book of Questions

WHAT DID YOU LEARN TODAY?
¿QUE APRENDISTE HOY?

TUS PENSAMIENTOS



FACE THE DAY

DATE

A Book of Questions

WHAT IS THE GREATEST EXPERIENCE YOU EVER HAD?
¿CUAL ES LA EXPERENCIA MAS FABULOSA QUE HAS TENIDO TU?

YOUR THOUGHTS

FECHA



A Book of Questions

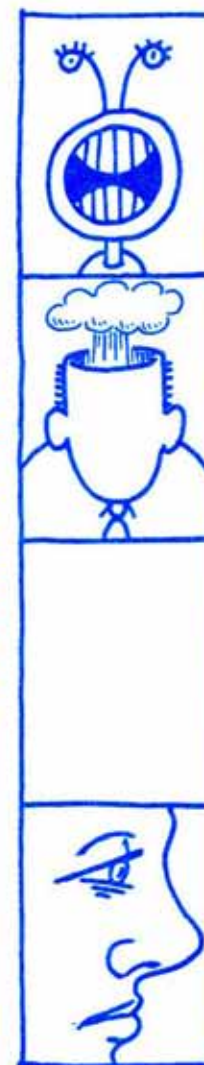
WHEN IT COMES DOWN TO IT, WHAT DO
YOU REALLY BELIEVE IN?
¿CUANDO LLEGA AL GRANO, UN QUE CREES?

TUS PENSAMIENTOS

WHAT IS THE BEST FREE ADVICE
YOU HAVE TO OFFER?
¿CUAL ES EL MEJOR CONSEJO GRATIS QUE PUEDES
OFRECER?

TUS PENSAMIENTOS

FACE YOURSELF TODAY



D A T E

A Book of Questions

WHAT KINDS OF PEOPLE DO YOU LIKE MOST?

¿QUE CLASE DE GENTE TE GUSTA?



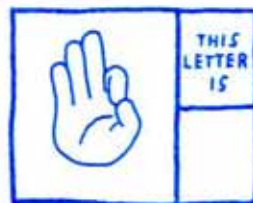
YOUR THOUGHTS

FECHA

IF YOU COULD GIVE A BEAT OF YOUR LIFE TO SOMEONE,
WHOM WOULD IT BE?

¿SI PUDIERAS DARLE A ALGUIEN UN LATIDO DE TU VIDA, A QUIEN SERIA?

YOUR THOUGHTS



FECHA

A Book of Questions

WHAT DO YOU THINK ABOUT DEATH?

¿QUE TE PARECE LA MUERTE?

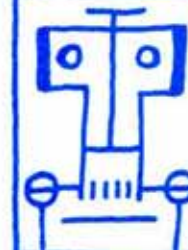
TUS PENSAMIENTOS

WHAT WOULD YOU BE REBORN AS?

¿A QUE RENACERIAS?

TUS PENSAMIENTOS


DOODLE DOODLE DO



D A T E

D A T E

A Book of Questions

 YOU ARE A SORCERER AND HAVE THE POWER TO CAST A SPELL. WHAT WORDS WOULD YOU USE, AND HOW WOULD YOU USE THE SPELL?

TU ERES HECHICERO(A) Y TIENES EL PODER DE ENCANTAR. ¿QUE PALABRAS USARIAS Y COMO TE SERVIRIA ENCENTAR?

YOUR THOUGHTS

IF YOU COULD WRITE A SWEET BLESSING, WHAT WOULD YOU SAY?

SÍ, PUDIERAS ESCRIBIR UNA BENEDICION DULCE ¿QUE DIRIAS?

YOUR THOUGHTS



F E C H A

A Book of Questions

WHAT WOULD YOU CHANGE ABOUT YOUR PARENTS IF YOU HAD THE POWER?

¿QUE LES CAMBIARIAS A TUS PADRES SI TUVIERAS EL PODER?

TUS PENSAMIENTOS

FACE FACTS



D A T E

A Book of Questions

ONCE WHEN YOU WERE ILL  AND YOU SAID YOU
WOULD CHANGE IF ONLY YOU GOT WELL AGAIN,
WHAT DID YOU MEAN?

UNA VEZ QUE ENTUVISTE ENFERMO Y DIJISTE QUE CAMBIARIAS
TU MANERA DE SER SI MEJORABAS OTRA VEZ"
¿QUE QUERIAS DECIR CON ESO?

YOUR THOUGHTS



F E C H A

A Book of Questions

WHAT IS YOUR FAVORITE CHARACTER YOU
HAVE READ ABOUT IN A BOOK OR SEEN IN A
PLAY, AND WHAT MAKES THEM SO SPECIAL TO
YOU? HOW ARE YOU LIKE OR DIFFERENT FROM THEM?
¿CUAL ES EL PROTAGONISTA FAVORITA DE QUIEN HAS
LEIDO EN UN LIBRO O VISTO EN UN DRAMA" ¿QUE
LOS HACE DESTECAR PARA TI? ¿EN QUE TE
PARECES O EN QUE COSTA LA DIFERENCIA CON ELLOS?

TUS PENSAMIENTOS

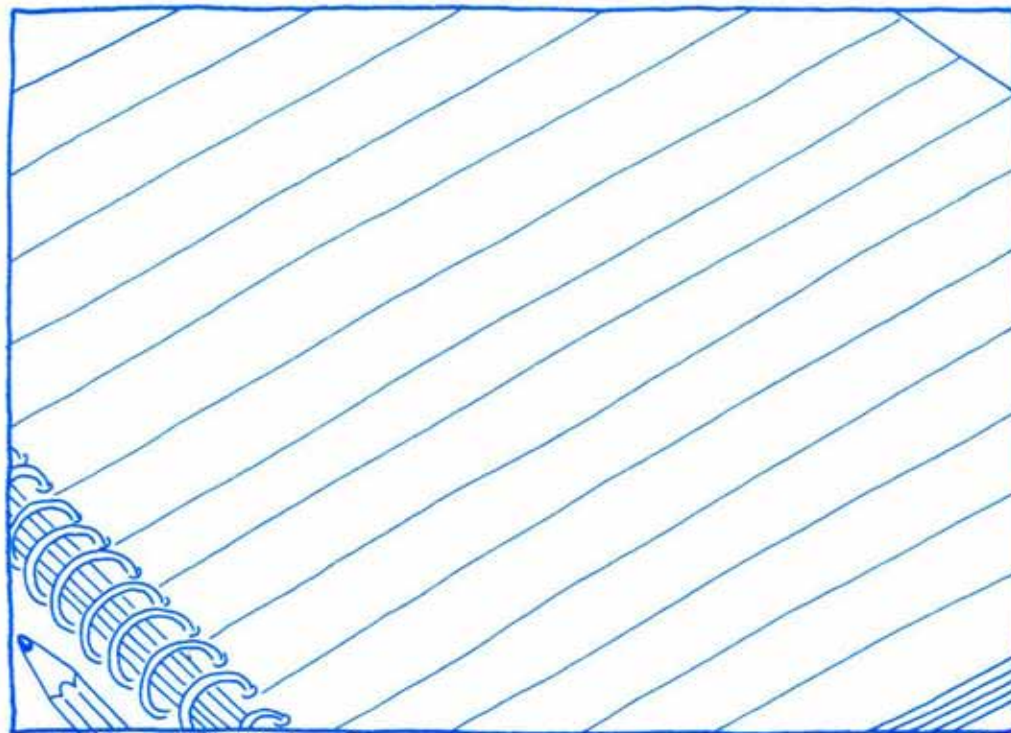
DRAW ON YOUR MEMORY

D A T E

A Book of Questions

>> THE SAGE PAGE <<

WRITE · DRAW · OR COLOR THIS SPACE



YOUR THOUGHTS



F E C H A

A Book of Questions

FACE FORWARD

WHAT IS THE BEST THING THAT COULD EVER HAPPEN TO YOU ?
¿QUE SERIA LO MEJOR QUE PODRIA OCURRIRTE?

TUS PENSAMIENTOS

DATE

IF YOU COULD TASTE A CLOUD, WHAT DO YOU THINK IT WOULD BE LIKE ?
SI PUDIERAS SABOREAR UNA NUBE...
¿COMO CREES QUE SERIA?

TUS PENSAMIENTOS

DATE

A Book of Questions

WHAT ARE THE THINGS YOU CAN DO TO
ENJOY YOUR LIFE MORE?

¿CUALES SON LAS COSAS QUE PUEDES HACER
PARA APROVECHAR TU VIDA MAS?

YOUR THOUGHTS



F E C H A

A Book of Questions

IF YOU COULD MAKE A GREAT MOVIE
OR WRITE A BOOK, WHAT WOULD IT BE ABOUT?
SI PUDIERAS FILMAR UNA GRAN PELICULA O
ESCRIBIR UN LIBRO ¿DE QUE TRATARIA?

TUS PENSAMIENTOS

D A T E

WHAT IS THE SONG WITHIN YOU THAT
YEARNs TO COME OUT?
¿CUAL IS LA CANCION QUE LLEVAS POR DENTRO
QUE BUSCA SALIDA?

TUS PENSAMIENTOS

D A T E

DO A DOODLE OR TWIDDLE



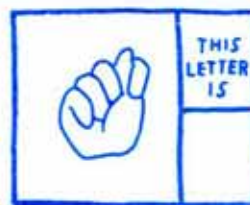
A Book of Questions

WHAT MAKES YOU SO ANGRY OR HATEFUL ?



¿QUE TE HACE BIEN ENOJADO(A) U ODIOSO(A) ?

YOUR THOUGHTS



F E C H A

A Book of Questions

WHAT ARE THE THINGS YOU CAN DO TO
BE LESS LONELY ?

¿QUE PUEDES HACER PARA NO SENTIRTE TAN SOLO(A) ?


TUS PENSAMIENTOS

LET'S FACE IT




D A T E

A Book of Questions


 **HAT IS YOUR MOST VALUABLE TREASURE? WHY IS IT SO?**
¿CUAL ES TU TESORO MAS VALIOSO? ¿POR QUE?

YOUR THOUGHTS

FECHA

 THIS LETTER IS

A Book of Questions

 **HOW DO YOU LIKE TO GO »CRAZY« AND HAVE FUN?**
¿DE QUE MANERA TE GUSTA RELAJARTE A LO LOCO Y GOZAR?

TUS PENSAMIENTOS

FACE VALUE

0 1 2 3 4 5 6 7 8 9

A Book of Questions



WHAT ARE YOU MOST
AFRAID OF ABOUT GROWING
Up?

¿QUE DE ENVEJECER TE DA EL MAS MIEDO?

YOUR THOUGHTS



F E C H A

A Book of Questions



SOMEONE HAS GIVEN YOU A MILLION
DOLLAR\$. WHAT WOULD YOU DO WITH IT?
SI ALGUIEN TE DIERA UN MILLON DE DOLARE\$"
¿QUE HARIA\$ CON E\$O?

TUS PENSAMIENTOS

D A T E

A Book of Questions

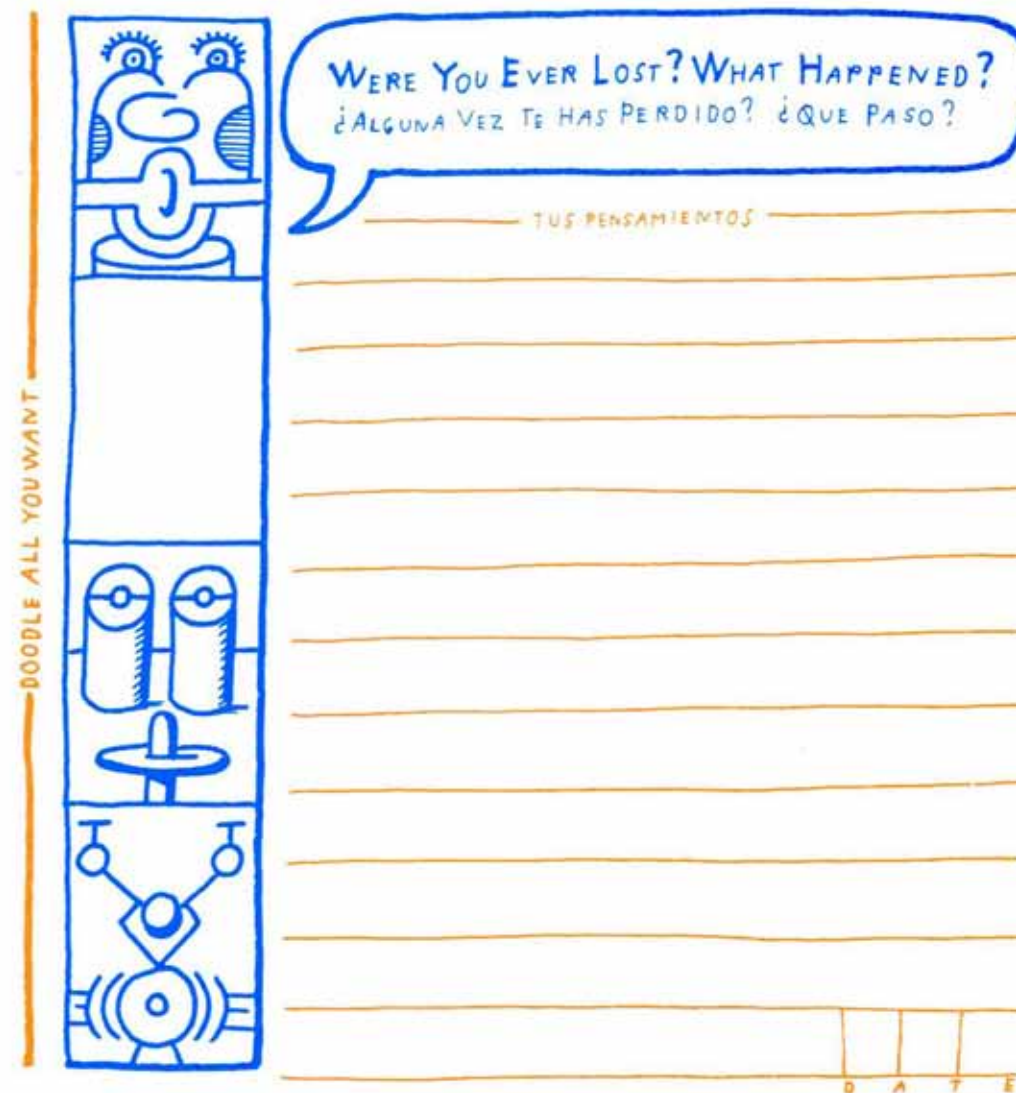


Handwriting practice lines for the question 'WHAT NEW LAND OR PLACE WOULD YOU LIKE TO GO TO? ¿A QUE NUEVO PAIS O LUGAR TE GUSTARIA IR?'. The lines are labeled 'YOUR THOUGHTS'.



F E C H A

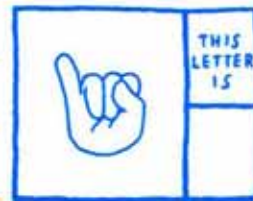
A Book of Questions



A Book of Questions

 IF YOU COULD USE YOUR IMAGINATION
TO GET BACK AT SOMEONE
WHO HURT YOU, WHAT WOULD YOU DO TO THEM?
SI PUDIERAS USAR TU IMAGINACION PARA VENGARTE
DE ALGUIEN QUE TE HIZO MAL- ¿QUE TE HARIAS?

YOUR THOUGHTS



F E C H A

A Book of Questions

WHAT NEW THING DID YOU NOTICE TODAY?
¿DE QUE COSA NUEVA TE FIJASTE HOY?

TUS PENSAMIENTOS

DRAW YOUR OWN CONCLUSION



D A T E

A Book of Questions

IF YOU COULD BE A FLOWER,
WHICH WOULD YOU BE? (DRAW IT.)
SI PUDIERAS SER UN FLOR"
¿CUAL SERIAS? (DIBUJALO.)

—YOUR THOUGHTS—

IF YOU COULD BE A COLOR,
WHAT WOULD YOU BE?
(PUT IT ON THIS PAGE TO SEE)

SI PUDIERAS SER UN COLOR"
¿CUAL SERIAS?
(PONLO EN ESTA HOJA PARA VERLO.)

—YOUR THOUGHTS—



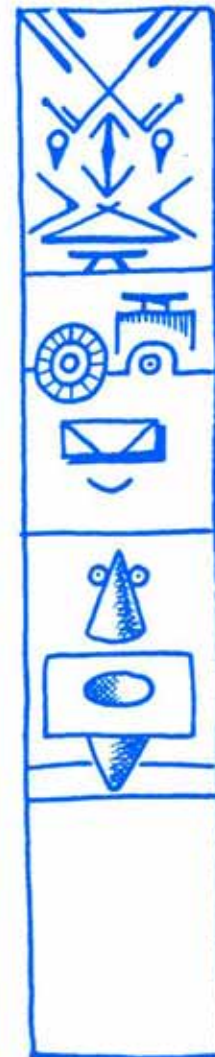
F E C H A

A Book of Questions

WHAT IS YOUR SADDEST MEMORY?
¿CUAL ES EL RECUERDO MAS TRISTE QUE TIENES?

—TUS PENSAMIENTOS—

—FACE THE DAY—

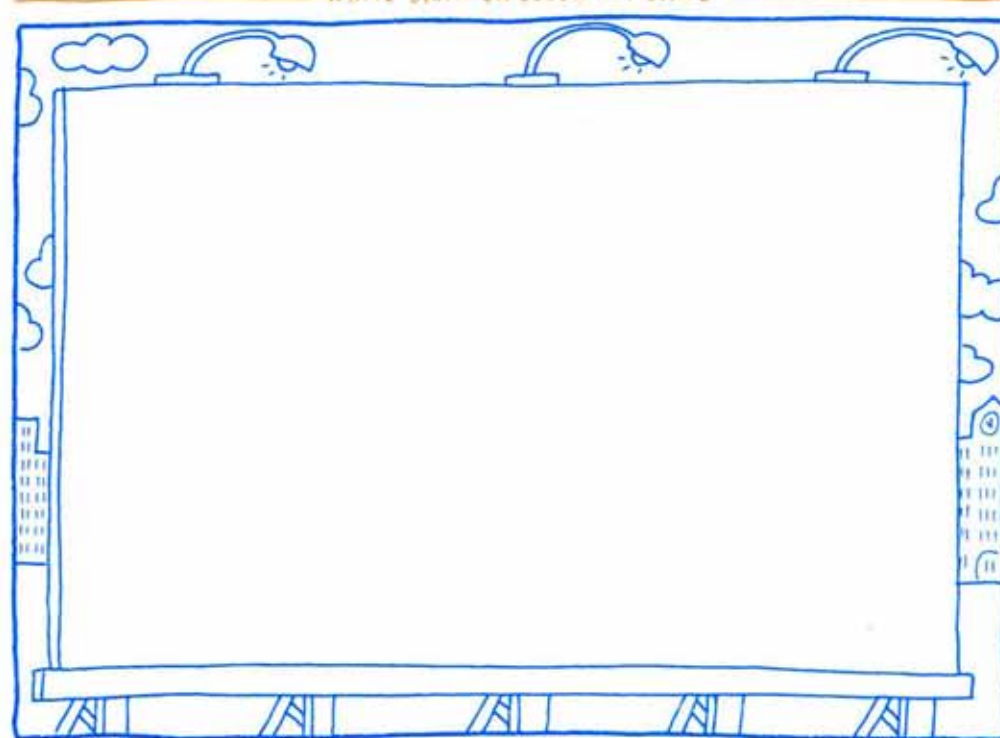


D A T E

A Book of Questions

>> A MESSAGE TO THE MASSES <<

WRITE · DRAW · OR COLOR THIS SPACE



YOUR THOUGHTS

Four horizontal lines for writing thoughts.



FECHA

A Book of Questions

FACE YOURSELF TODAY

WHAT IS THE HARDEST RIDDLE YOU KNOW?
¿CUAL ES LA ADIVINANZA MAS DIFICIL QUE TU CONOCES?

TUS PENSAMIENTOS

Five horizontal lines for writing thoughts.

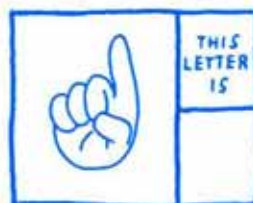
D A T E

A Book of Questions

HAVE YOU EVER FRIGHTENED
SOMEONE OR HURT THEM?
WHAT DID YOU DO TO THEM? WHY?
¿TU ALGUNA VEZ ESPANTASTE A ALGUIEN O LE
HAS HECHO DAÑO? ¿QUE LE HICISTE? ¿POR QUE?



YOUR THOUGHTS



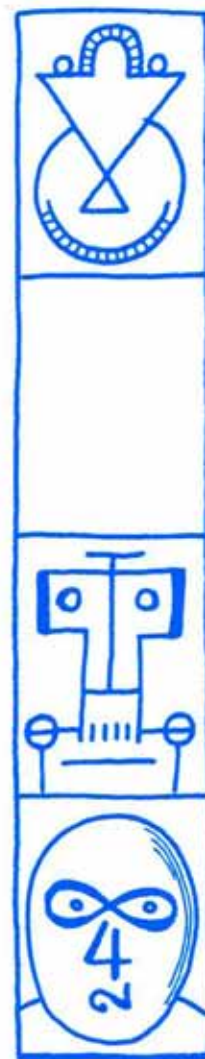
F E C H A

A Book of Questions

WHAT ARE THE THINGS YOU DON'T
LIKE IN OTHER PEOPLE?
¿QUE SON LAS COSAS QUE NO TE GUSTAN
EN OTRA GENTE?

TUS PENSAMIENTOS

DOODLE DOODLE DO



S A T E

A Book of Questions



YOU COULD BE A TOY,
WHAT WOULD YOU BE?

SI PUDIERAS CONVERTIRTE EN
JUGUETE ¿A CUAL TE CONVERTIRIAS?



YOUR THOUGHTS



F E C H A

A Book of Questions

IN ALL OF LANGUAGE, WHAT IS
THE MOST BEAUTIFUL WORD YOU KNOW?
DENTRO DE TODO IDIOMA ¿CUAL ES LA PALABRA MAS BELLA?

TUS PENSAMIENTOS

WHAT ABOUT SOME WORD THAT
DOES NOT YET EXIST?
¿Y QUE DE ALGUNA PALABRA QUE NO EXISTE TODAVIA?

TUS PENSAMIENTOS

FACE FACTS



D A T E

D A T E

A Book of Questions



WHEN ARE THE TIMES YOU FEEL MOST
LIKE HIDING? WHERE
WOULD YOU LIKE TO GO?

¿EN QUE OCASIONES TE DAN MAS POR ESCONDERTE? ¿A DONDE
TE GUSTARIA IR?

YOUR THOUGHTS



FECHA

A Book of Questions



FACE FORWARD

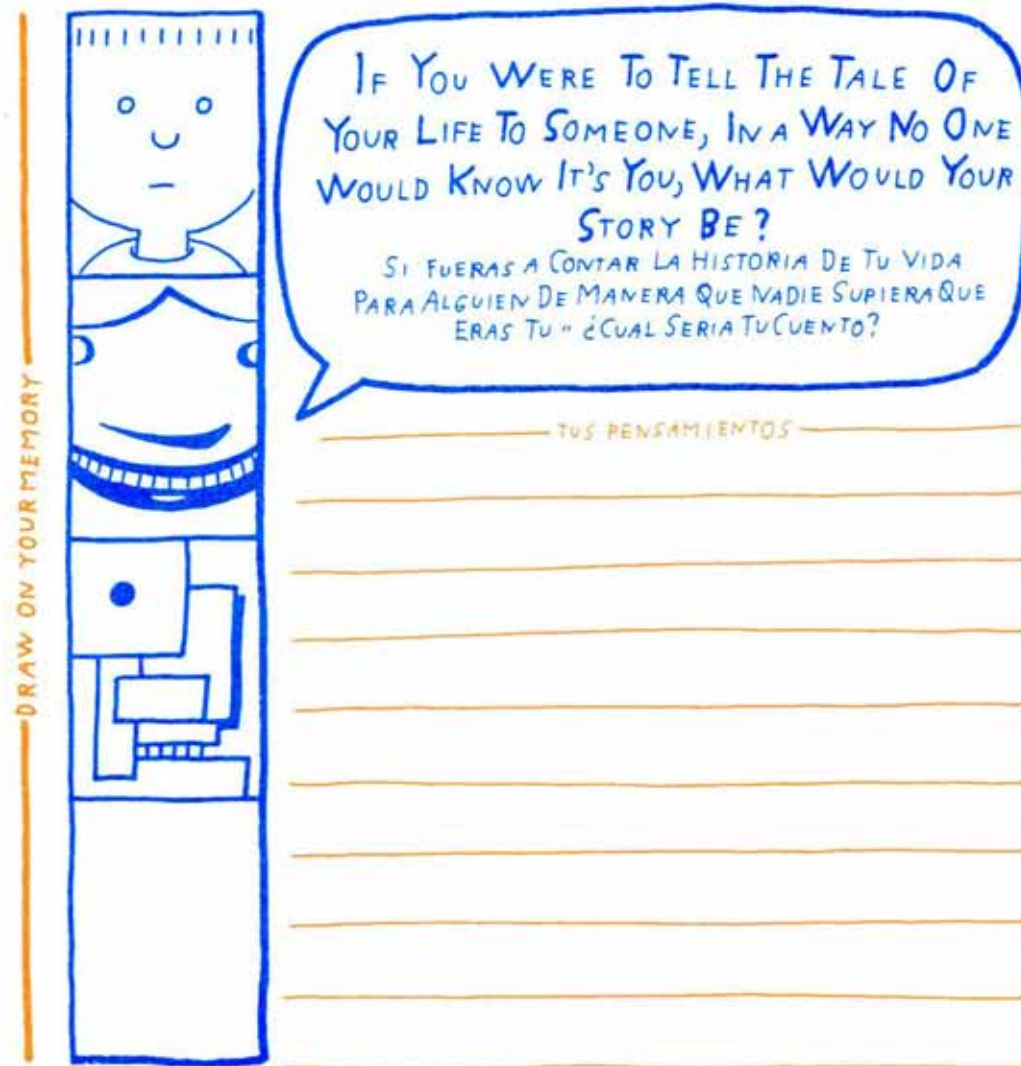
IF YOU COULD CLIMB A STAIRWAY
OF STARS, WHAT WOULD YOU HOPE
TO FIND AT THE TOP?

SI PUDIERAS SUBIR UNA ESCALERA DE ESTRELLAS
¿A QUE ESPERARIAS ENCONTRAR EN EL CIELO?

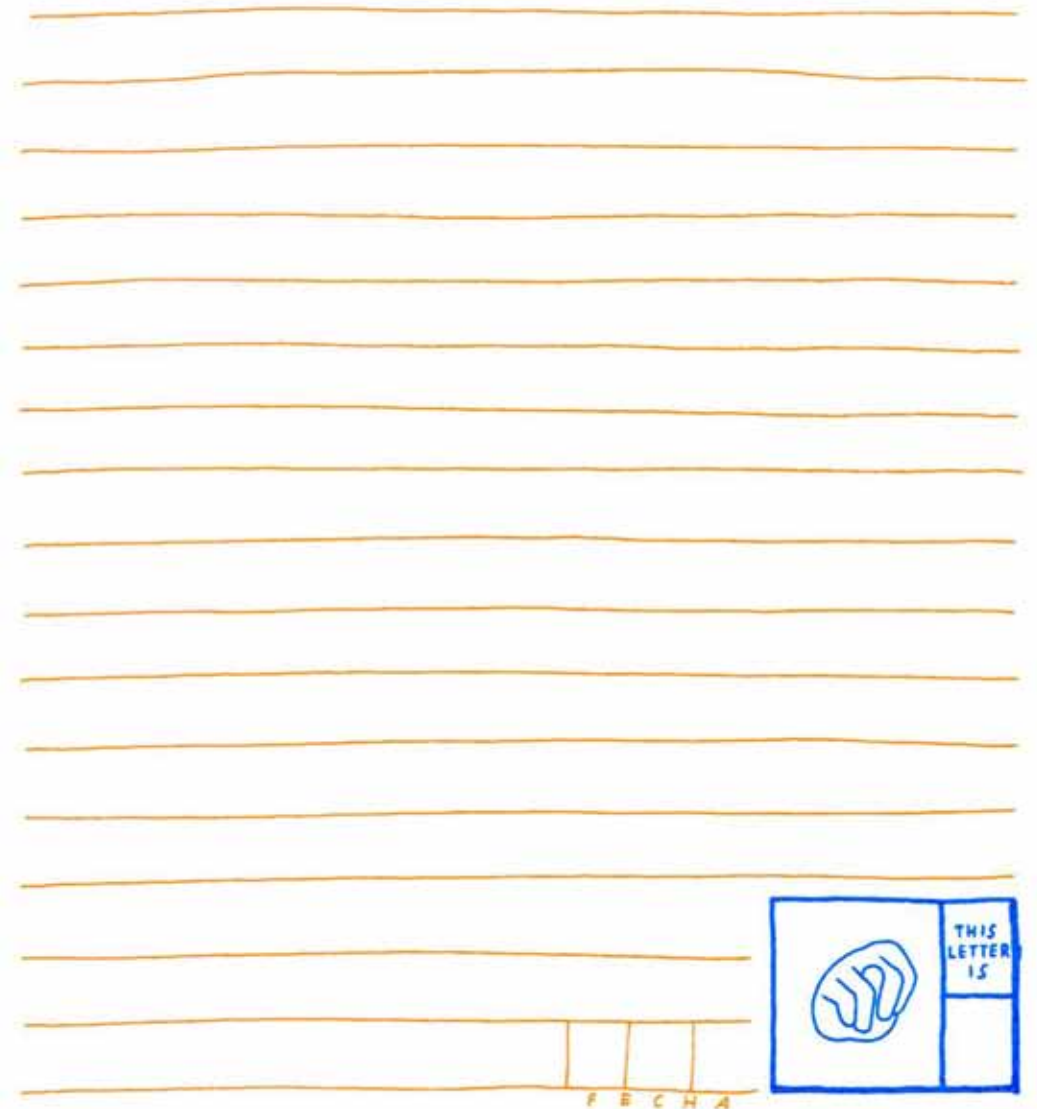
TUS PENSAMIENTOS

D A T E

A Book of Questions



A Book of Questions



A Book of Questions



HOW DID YOU LEARN TO STAND ON YOUR OWN TWO FEET?

¿COMO APRENDISTE VOLAR CON TUS PROPIAS ALAS?

- YOUR THOUGHTS



F E C H A

A Book of Questions



WHAT IS THE WAY YOU LIKE LOVE TO BE SHOWN TO YOU? HOW DO YOU SHOW LOVE?

¿DE QUE MANERA TE GUSTA QUE TE MUESTREN AMOR?
¿COMO DEMUESTRAS CARINO TU?

- TUS PENSAMIENTOS

A horizontal number line with three points marked by vertical tick marks. The points are labeled D, A, and T from left to right. The line extends beyond these points on both sides.


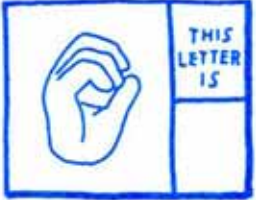
A Book of Questions

W HAT MAKES YOU CRY?
¿QUE TE HACE LLORAR?

YOUR THOUGHTS

FECHA

THIS LETTER IS



A Book of Questions

WHAT IS YOUR FAVORITE WORK OF ART? WHAT DOES IT DO FOR YOU?
¿CUAL ES TU OBRA DE ARTE FAVORITA?
¿COMO TE IMPRESIONA?

TUS PENSAMIENTOS

LET'S FACE IT

DATE



A Book of Questions



WHAT ARE SOME THINGS YOU WERE
ONCE AFRAID OF, BUT ARE NO LONGER?

¿CUALES SON ALGUNAS DE LAS COSAS QUE TENIAS MIEDO Y QUE AHORA NO?

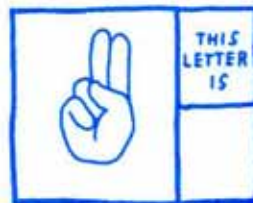
YOUR THOUGHTS



WHEN WAS THE TIME YOU FOUND THE POWER
WITHIN YOU?

¿CUANDO FUE QUE ENCONTRASTE EL PODER POR DENTRO?

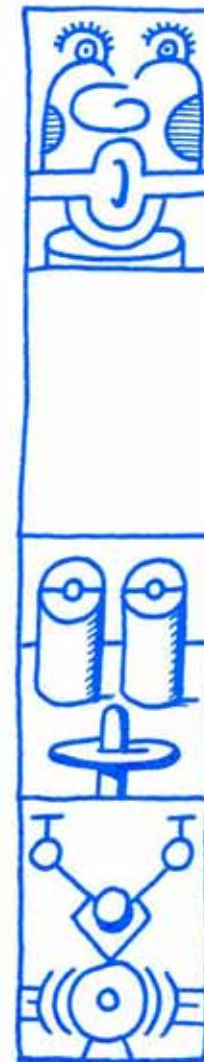
YOUR THOUGHTS



THIS
LETTER
IS

A Book of Questions

>> DO IT YOURSELF <<



DOODLE ALL YOU WANT



YOUR THOUGHTS

A Book of Questions

WHAT **BIG** PROBLEMS ARE YOU STRUGGLING WITH? WHAT BIG PROBLEMS DID YOU HAVE A YEAR AGO? HOW DID YOU SOLVE THEM?
¿CON QUE PROBLEMAS ENORMES LUCHAS? ¿QUE PROBLEMAS ENORMES TENIAS HACE UN AÑO, Y COMO LOS RESOLVISTE?

YOUR THOUGHTS



F E C H A

A Book of Questions

WHAT KIND OF INVENTION WOULD YOU LIKE TO INVENT? WHAT WOULD IT BE?
¿QUE CLASE DE INVENTO TE GUSTARIA HACER? ¿QUE SERIA?

TUS PENSAMIENTOS

DRAWING ROOM



D A T E

A Book of Questions

WHEN ARE THE TIMES
YOU FEEL MOST

¿EN QUE EPOCAS TE SIENTES MAS
PERDIDO(A) Y SOLO(A)?



YOUR THOUGHTS



FECHA

A Book of Questions

WHAT KIND OF PERSON DO YOU
WANT TO BE? HOW, IF AT ALL, WOULD
YOU CHANGE?

¿QUE CLASE DE PERSONA QUIERES SER? ¿DE QUE
MANERA, SI ALGO, CAMBIARIAS?

TUS PENSAMIENTOS

DOODLE ALL YOU WANT




D A T E

A Book of Questions

WHAT ARE THE THINGS YOU WANT
TO TELL A CHILD TO HELP
THEM ALONG IN LIFE?

¿CUALES SON LAS COSAS QUE LE CONTARIAS A UN(A)
NIÑO(A) PARA AYUDARLES A BREGAR CON LA VIDA?

YOUR THOUGHTS

	THIS LETTER IS
--	----------------------

FECHA

A Book of Questions

WHAT NEW DISCOVERY
DO YOU WANT TO MAKE?
¿QUE DESCUBRIMIENTO
NUEVO QUIERES HACER?

TUS PENSAMIENTOS

DRAW YOUR OWN CONCLUSION

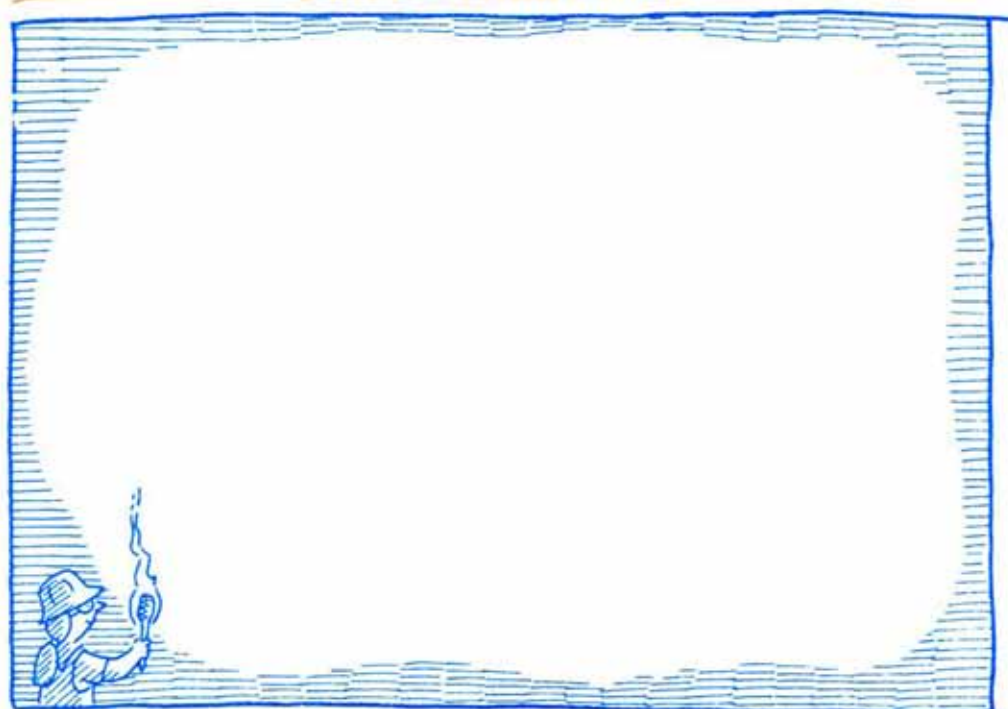


DATE

A Book of Questions

>> SPARKS IN THE DARK <<

WRITE • DRAW OR COLOR THIS SPACE



YOUR THOUGHTS



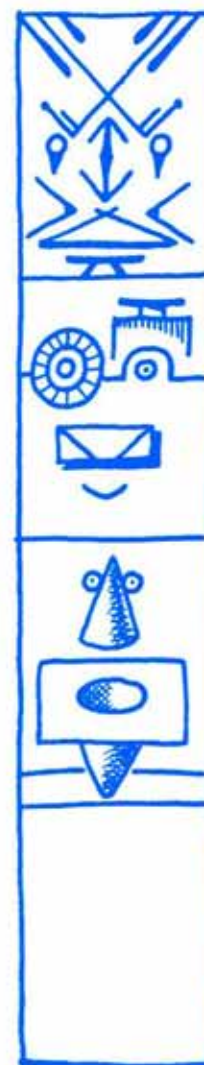
F E C H A

A Book of Questions

WHOM DO YOU ADMIRE? WHY?
¿A QUIEN ADMIRAS? ¿POR QUÉ?

TUS PENSAMIENTOS

FACE THE DAY



D A T E

A Book of Questions



HAT BITTERNESS DO YOU HAVE
IN YOUR SOUL?
¿QUE AMARGURA TIENES EN TU ALMA?

____ YOUR THOUGHTS ____

F	E	C
H	A	



THIS
LETTER
IS

A Book of Questions



FACE YOURSELF TODAY

TELL ME A GREAT JOKE.
¡CUENTAME UN GRAN CHISTE!

____ TUS PENSAMIENTOS ____

D	A	T
E		


A Book of Questions

WHAT ARE THE THINGS THAT MAKE YOU FEEL MORE POWERFUL IN LIFE? WHAT WOULD YOU DO WITH MORE POWER?

¿QUE HAY QUE TE HACE SENTIR MAS PODEROSO(A) EN LA VIDA?
¿QUE HARIAS CON MAS PODER?

YOUR THOUGHTS

FECHA

	THIS LETTER IS
--	----------------

A Book of Questions

WHAT HAS BEEN THE HARDEST THING YOU HAVE HAD TO DO SO FAR IN YOUR LIFE? AND HOW DID YOU DO IT?

¿QUE FUE LA COSA MAS DURA QUE TUVISTE QUE HACER HASTA AHORA EN TU VIDA? ¿Y DE QUE MANERA LO HIZO?

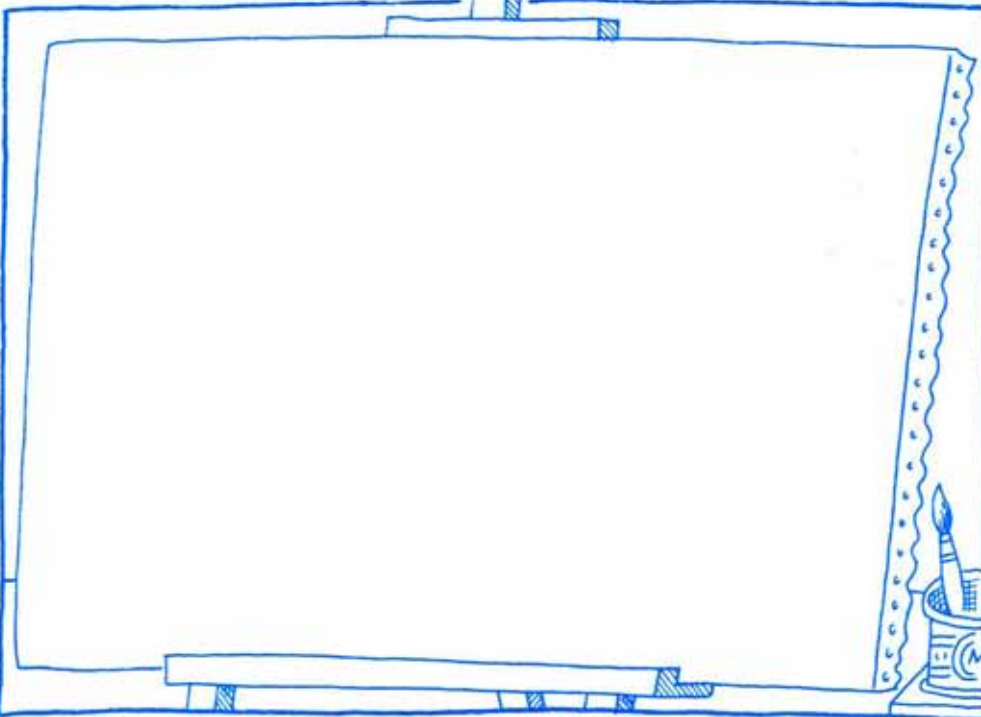
TUS PENSAMIENTOS

DOODLE DOODLE DO

DATE

A Book of Questions

>> A VAST CANVAS <<
WRITE, DRAW OR COLOR THIS SPACE



YOUR THOUGHTS

THIS LETTER IS

F E C H A

A Book of Questions

DRAW YOUR OWN CONCLUSION




WHEN YOU WERE A CHILD AND
PEERED INTO THE FUTURE, WHAT DID
YOU THINK LIFE WOULD BE LIKE?
CUANDO JOVEN Y MIRABAS HACIA EL PORVENIR...
¿COMO CREIAS QUE SERIA LA VIDA?

TUS PENSAMIENTOS


D A T E

A Book of Questions



WHAT WOULD YOU SAY TO THE PERSON
YOU LOST AND LATER FOUND?
¿QUE LE DIRIAS A UNA PERSONA QUE PERDISTE Y
QUE MAS TARDE ENCUENTRAS?

YOUR THOUGHTS

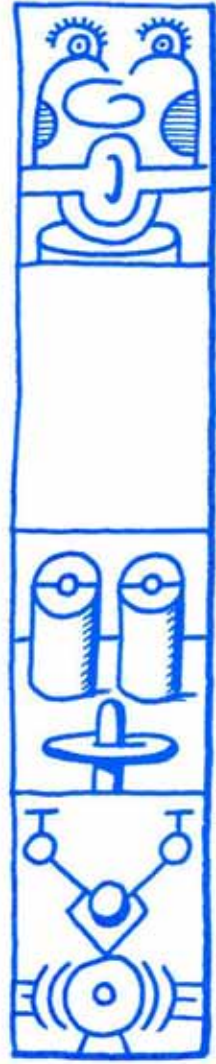


THIS
LETTER
IS

P E C H A

A Book of Questions

DOODLE ALL YOU WANT



WHAT ARE THE THINGS THAT GIVE
YOU PEACE OF MIND AND HELP RESTORE YOU?
¿CUALES SON LAS COSAS QUE TE DAN SERENIDAD
DEL ESPIRITU Y TE AYUDAN A VOLVER EN TI?

TUS PENSAMIENTOS

D A T E

A Book of Questions



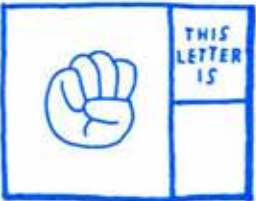
HOW COULD YOU TREAT YOURSELF BETTER ?

¿DE QUE MANERA PODRIAS TRATARTE
A TI MISMO(A) MEJOR ?



YOUR THOUGHTS

Handwriting practice lines for the question 'HOW COULD YOU TREAT YOURSELF BETTER ?'.



F E C H A

A Book of Questions



WHOM DO YOU LOVE ? WHY ?
¿A QUIEN AMAS TU ? ¿POR QUE ?

TUS PENSAMIENTOS

Handwriting practice lines for the question 'WHOM DO YOU LOVE ? WHY ?'.

D A T E

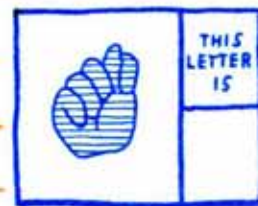
A Book of Questions



WHAT FUNNY OR PUZZLING STORY
HAVE YOU HEARD LATELY?

¿DE QUE CUENTO COMICO O QUE TE CONFUDE HAS
OIDO HABLAR ULTIMAMENTE?

YOUR THOUGHTS



F E C H A

A Book of Questions



FACE VALUE

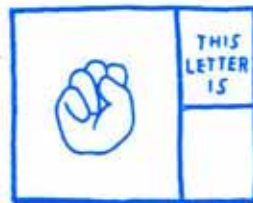
WHAT 'SURPRISES' YOU?
¿QUE TE SORPRENDE?

TUS PENSAMIENTOS

D A T E

A Book of Questions

IF YOU COULD WRITE A POEM OR SING A SONG,
WHAT WOULD IT BE? HOW WOULD IT GO?
SI PUDIERAS ESCRIBIR UN POEMA O CANTAR UNA CANCIÓN,
¿CUAL SERÍA? ¿A QUE SONARÍA?



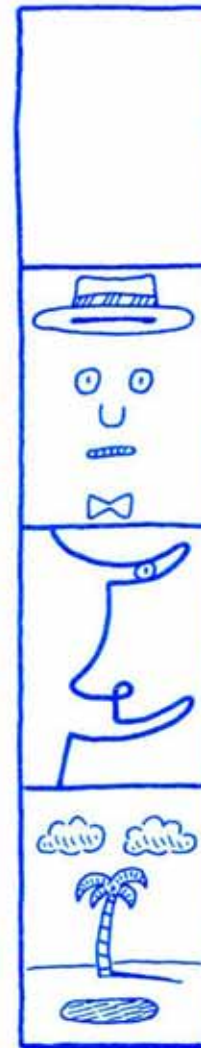
F E C H A

A Book of Questions

WHAT CAN YOU TEACH OTHERS?
¿QUE LE PUEDES ENSEÑAR A LOS
OTROS?

TUS PENSAMIENTOS

LET'S FACE IT



D A T E

A Book of Questions

WHAT TRUTH HAVE YOU LEARNED
THAT YOU WANT TO SHARE?

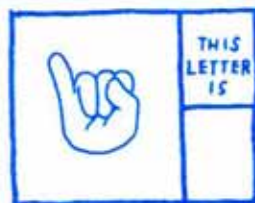
¿QUE VERDAD APRENDISTE TU QUE DESEAS COMPARTIR?

YOUR THOUGHTS

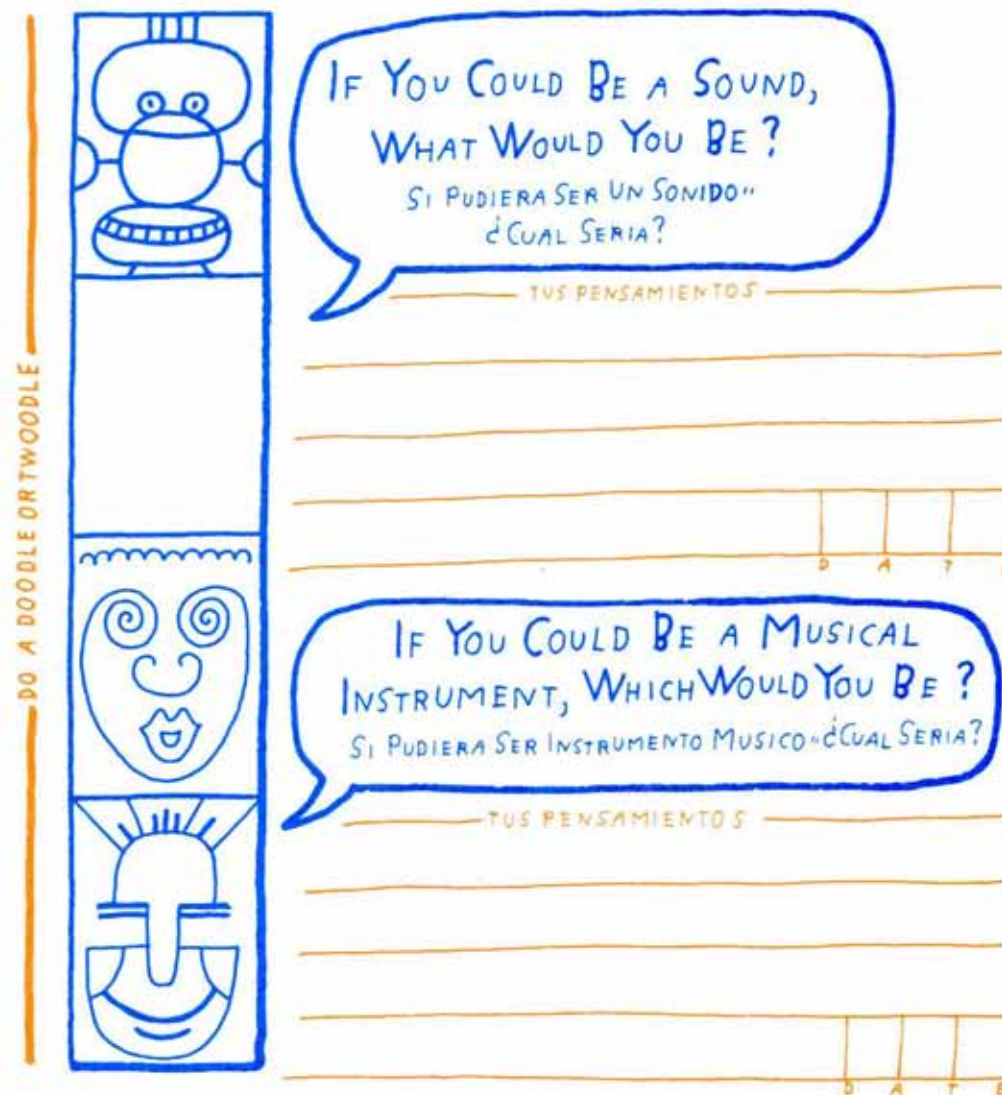
Handwriting practice lines for the letter 'F'. The page contains seven sets of horizontal lines, each with a vertical line on the left and a vertical line on the right, forming a frame for the letter. The letter 'F' is written in the first set of lines. Below the letter 'F', the letters 'E', 'C', 'H', and 'A' are written in a row.

THIS LETTER IS

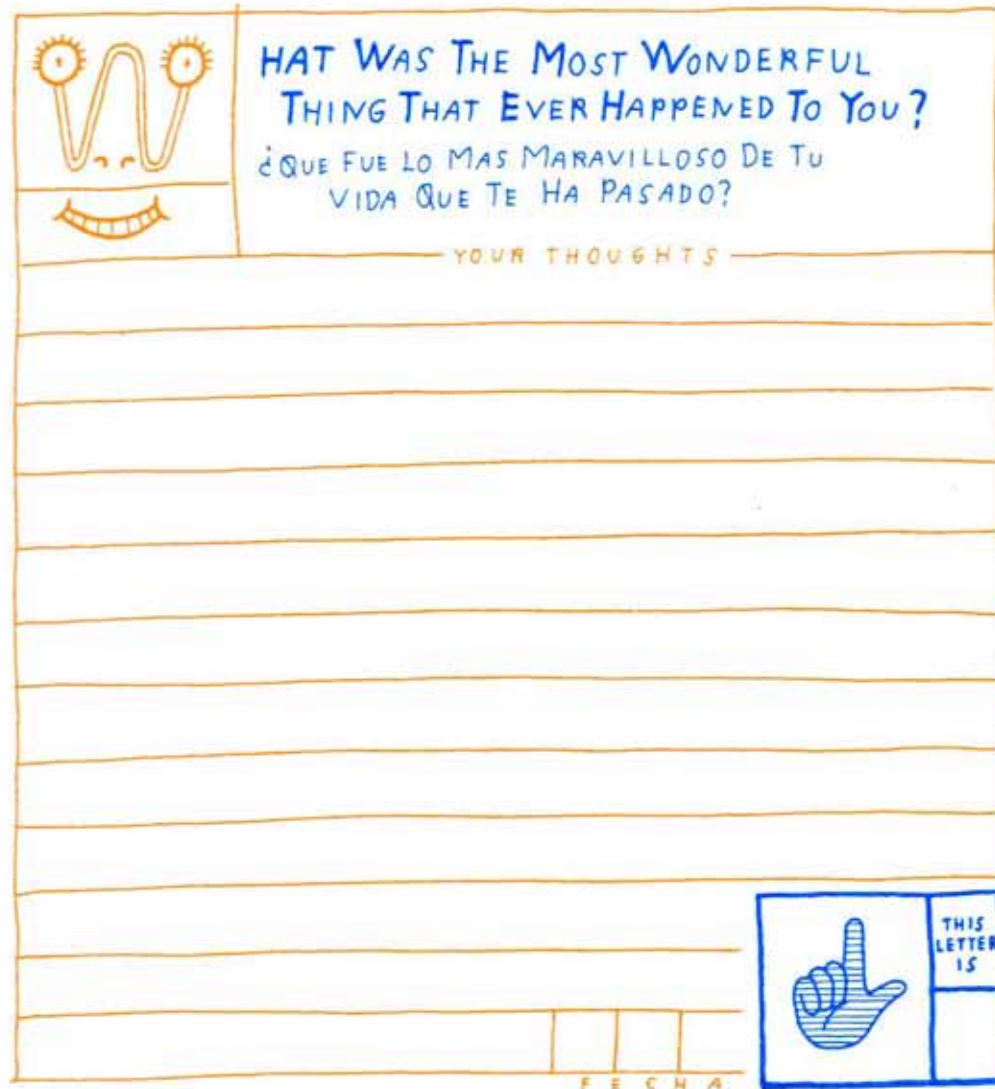
F E C H A



A Book of Questions



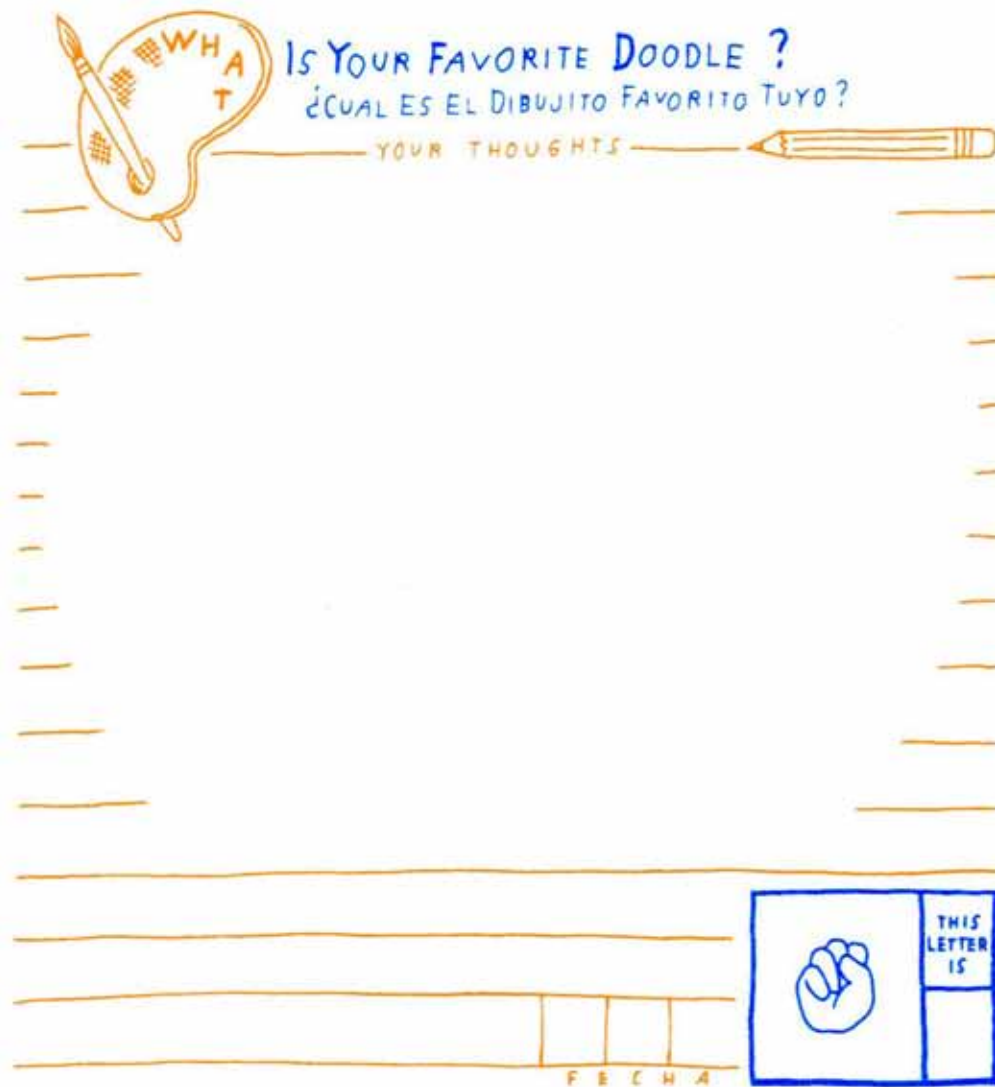
A Book of Questions



A Book of Questions



A Book of Questions



A Book of Questions



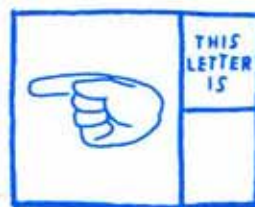
A Book of Questions



HAT STRANGE ADVENTURE WOULD YOU LIKE TO HAVE?

¿QUE AVENTURA RARA TE GUSTARIA TENER?

YOUR THOUGHTS



F E C H A

A Book of Questions



WHAT IS THERE IN YOUR LIFE
THAT YOU TAKE PRIDE IN?
¿QUE HAY EN TU VIDA ENORGULLESAS?

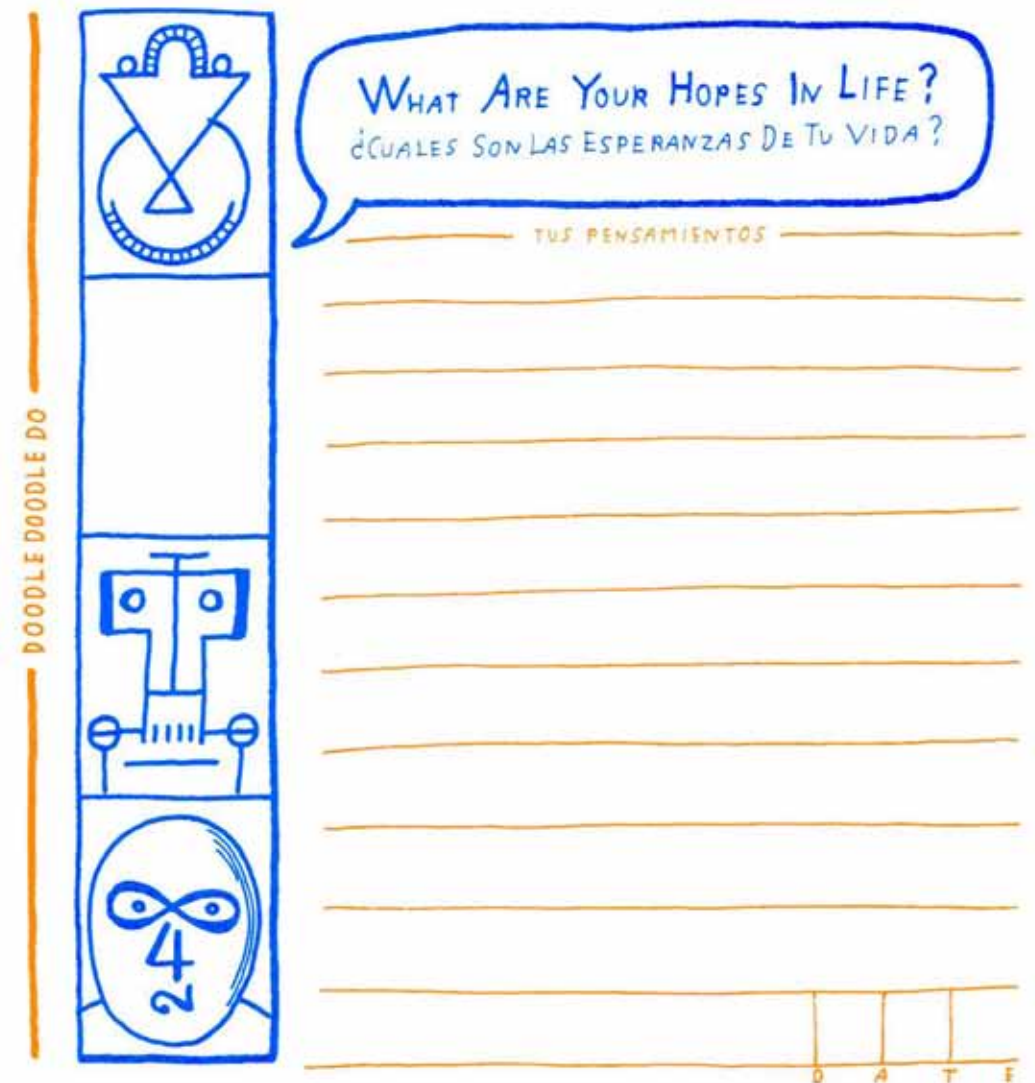
TUS PENSAMIENTOS

D A T E

A Book of Questions



A Book of Questions



A Book of Questions

I F YOU COULD BE **DIFFERENT**,
HOW WOULD YOU BE?
SI PUDIERAS SER DISTINTO "¿COMO SERIAS?"

YOUR THOUGHTS



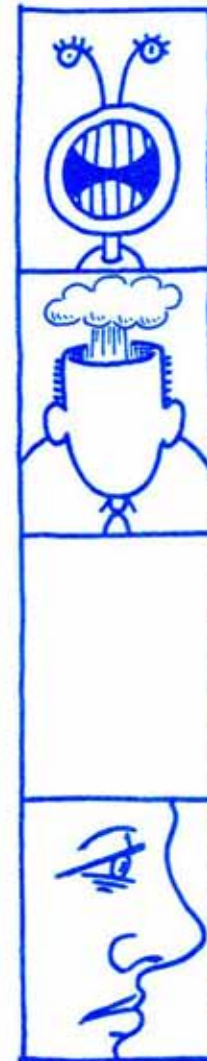
F E C H A

A Book of Questions

WHAT ARE THE THINGS YOU
WANT TO LEARN?
¿CUALES SON LAS COSAS QUE TU HAS QUERIDO
APRENDER?

TUS PENSAMIENTOS

FACE YOURSELF TODAY

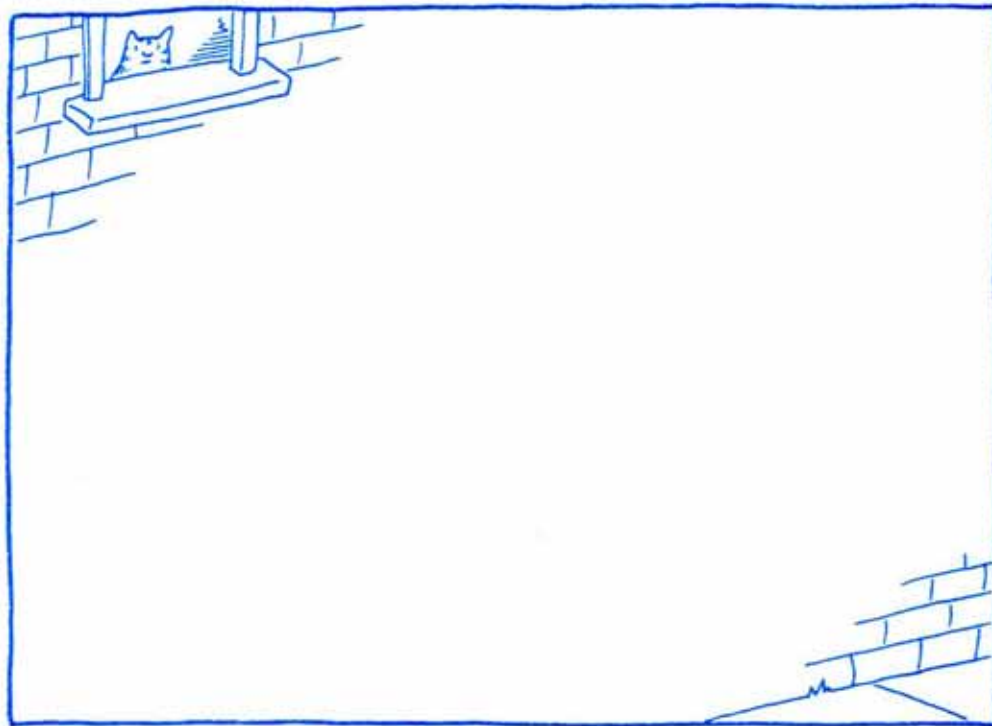


D A T E

A Book of Questions

>> WALL SCRAWL <<

WRITE · DRAW OR COLOR THIS SPACE



YOUR THOUGHTS

	THIS LETTER IS

FECHA

A Book of Questions



WHAT ARE THE THINGS ABOUT YOUR PARENTS OR SOMEONE CLOSE TO YOU THAT WORRY YOU?
¿CUALES SON LAS COSAS QUE TIENEN QUE VER CON TUS PADRES O CON UN INTIMO QUE TE PREOCUPAN?

TUS PENSAMIENTOS

DATE

A Book of Questions



WHAT NAME WOULD YOU CHOOSE IF YOU COULD NAME YOURSELF? WHY THIS NAME? DOES IT HAVE A MEANING?

¿QUE NOMBRE ESCOGERIAS SI PUDIERAS DARTTE TU PROPIO NOMBRE?
¿Y PORQUE ESE NOMBRE? ¿TIENE SIGNIFICADO ALGUN?

YOUR THOUGHTS



IF WE WERE TO BECOME RAINBOW PEOPLE, WHAT COLOR WOULD YOU CHOOSE?

SI NOS CONVERTIERAMOS A LA GENTE DEL ARCO IRIS ¿QUE COLOR ESCOGERIAS?

YOUR THOUGHTS



F E C H A

A Book of Questions

WHAT CARES WOULD YOU WISH TO

¿DE QUE INQUIETUDES DESEAS DESQUITARTE?

DROP?

TUS PENSAMIENTOS

DRAW YOUR OWN CONCLUSION



D A T E

A Book of Questions

IF YOU COULD STEP OUTSIDE YOUR BODY
TO SEE YOURSELF CLEARLY, WHAT KIND OF PERSON
WOULD YOU SEE ? HOW WOULD YOU LIKE TO BE?

SI PUDIERAS ALEJARTE DE TE CUERPO PARA VERTE MAS
CLARAMENTE... ¿QUE CLASE DE PERSONA VERIAS?
¿COMO TE GUSTARIA SER?

— YOUR THOUGHTS —



F E C H A

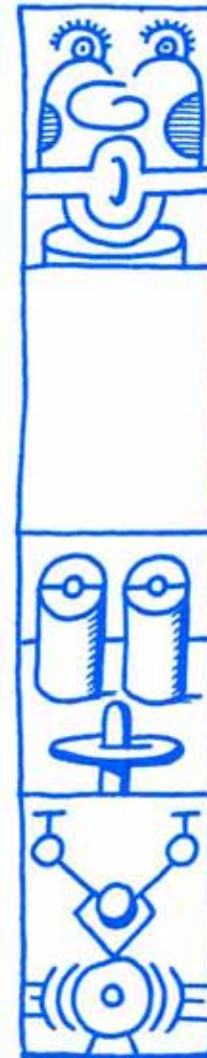
A Book of Questions

WHAT WAS THE SADDEST TIME
IN YOUR LIFE?

¿CUALES FUERON LAS EPOCAS MAS
TRISTES DE TU VIDA?

— TUS PENSAMIENTOS —

— DOODLE ALL YOU WANT —



D A T E

A Book of Questions



ARE SOME THINGS YOU HAVE ACHIEVED
IN YOUR LIFE SO FAR?

¿CUALES SON LAS METAS QUE HAS REALIZADO EN
TU VIDA HASTA HOY EN DIA?

YOUR THOUGHTS



FECHA

A Book of Questions



WHAT HAVE YOU LEARNED FROM
YOUR MISTAKES?

¿QUE HAS APRENDIDOS EN CUANTO A
TUS ERRORES?

TUS PENSAMIENTOS

D A T E

A Book of Questions

WHAT ARE SOME OF THE THINGS THAT
STILL FRIGHTEN YOU?
HOW CAN YOU FIGHT BACK?

¿CUALES SON ALGUNAS DE LAS COSAS QUE AUN TE
ASUSTAN? ¿DE QUE MANERA PUEDES DEFENDERTE?

YOUR THOUGHTS



F E C H A

A Book of Questions

WHAT DO YOU HATE MOST?
¿QUE ODIAS MAS QUE NADA?

TUS PENSAMIENTOS

WHAT IS YOUR PERSONAL MOTTO?
¿CUAL ES TU LEMA PERSONAL?

TUS PENSAMIENTOS

FACE VALUE

D A T E

D A T E

A Book of Questions

**WHAT DO YOU EXPECT
FROM DEATH?**
¿QUE ESPERAS DE LA MUERTE?

YOUR THOUGHTS

Hand-drawn grid for writing answers, including a date field labeled 'FECHA'.



A Book of Questions

**WHAT KIND OF HERO OR HEROINE WOULD
YOU WANT TO BE?**
¿QUE TIPO DE HEROE O HEROINA DESEARIAS SER?

TUS PENSAMIENTOS

**IF YOU WERE TO PERFORM AN ACT OF
GRACE, WHAT WOULD YOU DO?**
SI FUERAS A REALIZAR UN ACTO DE GRACIA
¿QUE HARIAS?

TUS PENSAMIENTOS



LET'S FACE IT

D A T E

D A T E

A Book of Questions

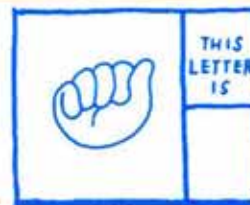
IF YOU COULD BE A SMELL,
WHAT WOULD YOU BE?
SI PUDIERAS SER UN OLFATO "¿CUAL SERIAS?"

YOUR THOUGHTS



IF YOU COULD BE A MONSTER,
WHAT WOULD YOU BE LIKE?
SI PUDIERAS SER UN MONSTRUO "¿CUAL SERIAS?"

YOUR THOUGHTS



FECHA

A Book of Questions

WHAT ARE THE THINGS YOU LIKE
ABOUT YOURSELF? WHAT'S
GOOD ABOUT YOU?
¿CUALES SON CUALIDADES QUE TE GUSTAN
DE TI MISMO(A)?

TUS PENSAMIENTOS

DO A DOODLE OR TWIDDLE



D A T E

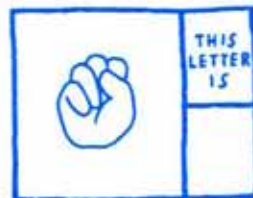
A Book of Questions



COULD YOU WRITE  SOMETHING  IN A
SECRET LANGUAGE THAT NO ONE ELSE COULD
FIGURE OUT? (PLEASE WRITE THE TRANSLATION
NOWHERE ELSE ON THIS PAGE JUST IN
CASE YOU FORGET WHAT THE WORDS OR SOUNDS MEAN.)

¿PODRÍAS ESCRIBIR EN ALGUN IDIOMA SECRETO QUE NADIE MÁS PUDIERA
DECIFRARLO? (POR FAVOR ESCRIBE LA TRADUCCIÓN AHORA MISMO)

YOUR THOUGHTS



FECHA

A Book of Questions



FACE FORWARD

WHAT'S GETTING IN YOUR WAY?
¿QUE HAY TE QUE IMPIDE?

TUS PENSAMIENTOS

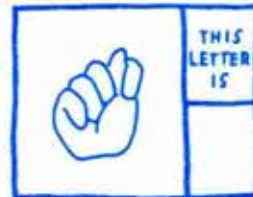
D A T E

A Book of Questions

WHAT WAS YOUR MOST MARVELOUS DREAM?

¿CUAL FUE TU SUEÑO MAS ESTUPENDO?

YOUR THOUGHTS



F E C H A

A Book of Questions

WHAT WAS THE MOST DIFFICULT TIME YOU HAD TO GET OVER?

¿CUAL FUE LA EPOCA MAS DIFICIL POR LA CUAL TUVISTE QUE PASAR?

TUS PENSAMIENTOS

DRAW ON YOUR MEMORY



D A T E

A Book of Questions

WHAT IS THE QUESTION ? YOU'RE AFRAID
TO ASK YOURSELF?
¿CUAL ES LA PREGUNTA QUE TE TEMES HACERTE A TI MISMO(A)?

YOUR THOUGHTS



FECHA

A Book of Questions

WHAT'S THE FUNNIEST THING
THAT EVER HAPPENED TO YOU?
¿QUE ES LA COSA MAS DIVERTIDA QUE
TE HAYA OCURRIDO?

TUS PENSAMIENTOS

FACE FACTS



DATE

A Book of Questions



TELL ME A SECRET,
A DREAM?
A NIGHTMARE ?

¿CUENTAME UN SECRETO! ¿UN SUEÑO?
¿UNA PESADILLA ?

YOUR THOUGHTS



FECHA

A Book of Questions



FACE THE DAY



WHAT KIND OF PERSON DO
YOU WANT TO BE?
¿QUE CLASE DE PERSONA DESEAS SER?

TUS PENSAMIENTOS

P A T E

A Book of Questions

WRITE SOMETHING BEAUTIFUL TO THE WORLD,
(IT CAN BE IN YOUR SECRET LANGUAGE.)
¡ESCRIBELE ALGO HERMOSO AL MUNDO!
(PUEDE SER EN TU IDIOMA SECRETO.)

YOUR THOUGHTS



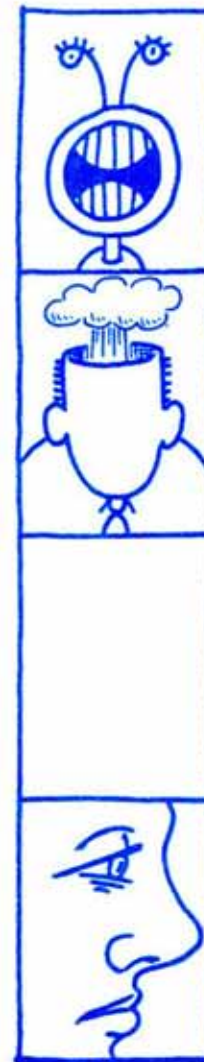
F E C H A

A Book of Questions

WHAT IS THE VERY WORST THING
THAT CAN HAPPEN TO YOU?
¿QUE ES LO PEOR QUE TE PUEDE OCURRIR?

TUS PENSAMIENTOS

FACE YOURSELF TODAY



D A T E

A Book of Questions

WHAT DO YOU LOVE?
¿A QUE AMAS TU?

YOUR THOUGHTS

Handwriting practice lines with heart icons at the ends.



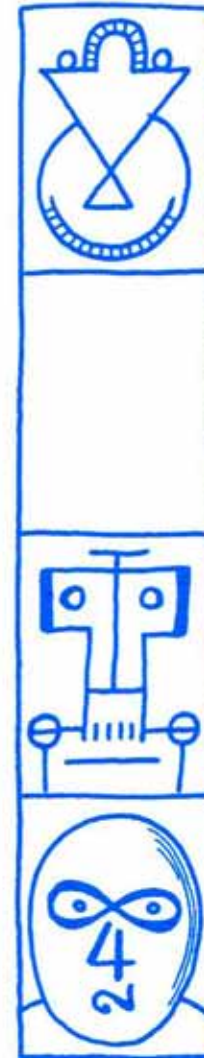
FECHA

A Book of Questions

WHAT WOULD YOU DO WITH THE FREEDOM YOU ALWAYS WANTED? WHAT KIND OF PERSON WOULD YOU BE?
¿QUE HARIAS CON LA LIBERTAD QUE SIEMPRE HAS DESEADO? ¿QUE CLASE DE INDIVIDUO SERIAS?

TUS PENSAMIENTOS

DOODLE DOODLE DO



DATE

A Book of Questions

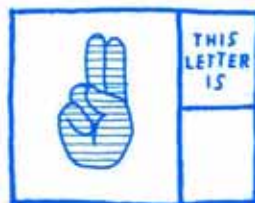
WHAT ARE
¿CUALES SON LOS DESEOS

YOUR DEEPEST
QUE TIENES PROFUNDAMENTE

DREAMS?
ARRAIGADOS?

YOUR THOUGHTS

FECHA



A Book of Questions

IF YOU WERE TO **SHOCK** YOURSELF
OUT OF YOUR SET WAYS,
WHAT WOULD YOU DO?
SI TRATARAS DE ZAFARTE DE TUS COSTUMBRES
INFLEXIBLES ¿QUE HARIAS?

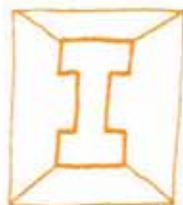
TUS PENSAMIENTOS

FACE FACTS



D A T E

A Book of Questions



IF YOU COULD BE AN ANIMAL, WHAT
WOULD YOU BE?

SI PUDIERAS SER ANIMAL, ¿CUAL SERIAS?

YOUR THOUGHTS



IF, LIKE ADAM, YOU COULD NAME A NEW
CREATURE, WHAT WOULD YOU CALL IT?

QUE SI, COMO ADAM, TU LE PUDIERAS PONERLE NOMBRE
A UN ANIMAL VISTO POR PRIMERA VEZ, ¿QUE LO LLAMARIA?

YOUR THOUGHTS



THIS
LETTER
IS

FECHA

FECHA

A Book of Questions

DRAW ON YOUR MEMORY



WHAT ARE THE THINGS
THAT STRIKE YOU FUNNY?

¿CUALES SON LAS COSAS QUE TE
IMPRESIONAN Y TE HACEN GRACIA?

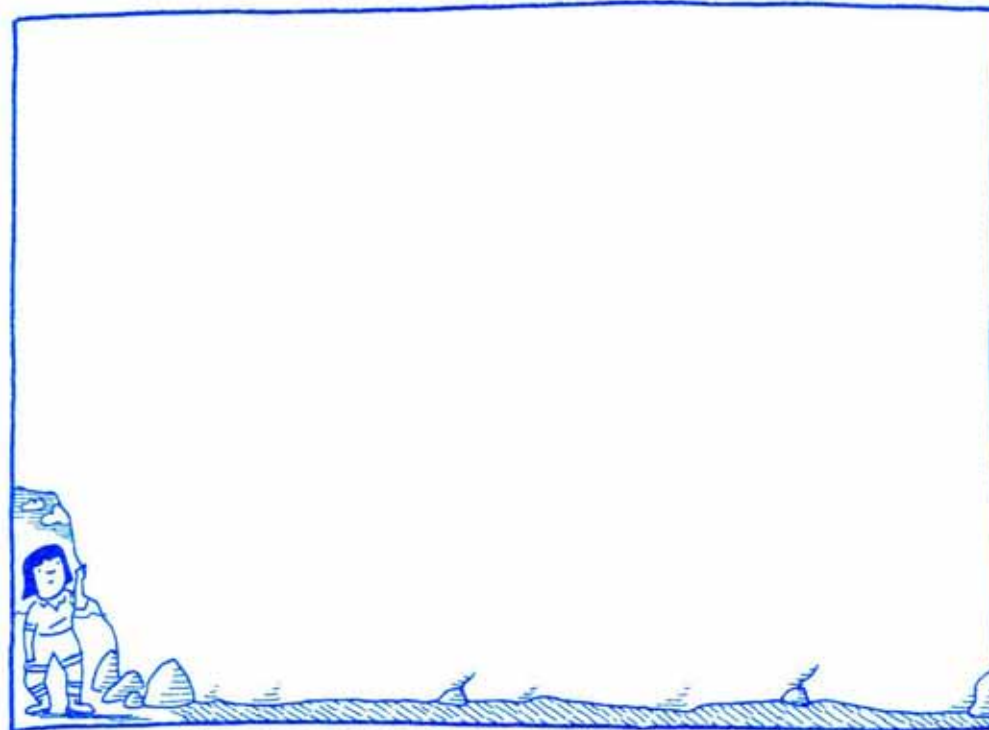
TUS PENSAMIENTOS

FECHA

A Book of Questions

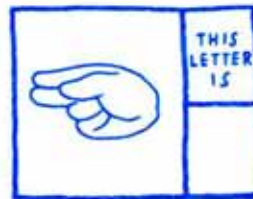
>>CAVE PAINTING<<

WRITE · DRAW OR COLOR THIS SPACE



YOUR THOUGHTS

Four horizontal lines for writing thoughts.



FECHA

A Book of Questions

FACE FORWARD

WHAT ARE THE GUIDING VALUES OF YOUR LIFE?
¿SEGUN QUE VALORES DIRIGES TU VIDA?

TUS PENSAMIENTOS

D A T E

WHAT IS THE SPIRIT IN YOU THAT WILL BE REMEMBERED WHEN YOU ARE GONE?
¿QUE LLEVAS EN EL CORAZON QUE NO TE OLVIDARAS CUANDO ENTREGAS EL ALMA?

TUS PENSAMIENTOS

D A T E

A Book of Questions

WHAT ARE YOU THANKFUL FOR?
¿DE QUE ESTA AGRADECIDO(A)?

YOUR THOUGHTS



000



F E C H A

A Book of Questions

WHAT IS THE MOST WONDERFUL
IDEA IN YOUR LIFE?
¿CUAL ES LA IDEA MAS MARAVILLOSA QUE TU
HAS TENIDO EN TODO TU VIDA?

TUS PENSAMIENTOS

DO A DOODLE OR TWODLE



D A T E

A Book of Questions

IF YOU COULD BE A DIFFERENT ELEMENT "



EARTH + WATER + AIR OR FIRE

"WHICH WOULD YOU BE? WHY?"

SI PUDIERAS SER UN ELEMENTO TERRESTRE "
¿CUAL SERIAS" TIERRA, AGUA, AIRE O FUEGO? ¿PORQUE?

YOUR THOUGHTS



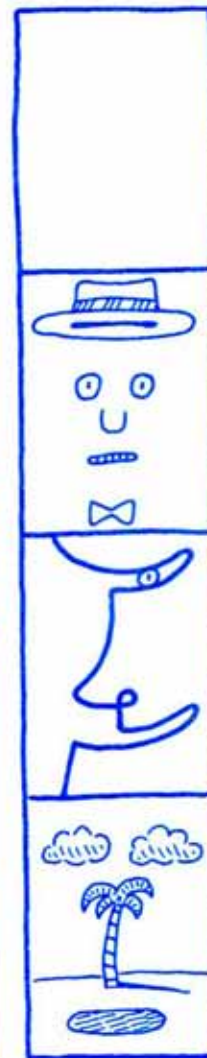
F E C H A

A Book of Questions

WHAT IS THE PRAYER YOU OFTEN
SAY TO YOURSELF?
¿QUE ORACION TE DICES A MENUDO?

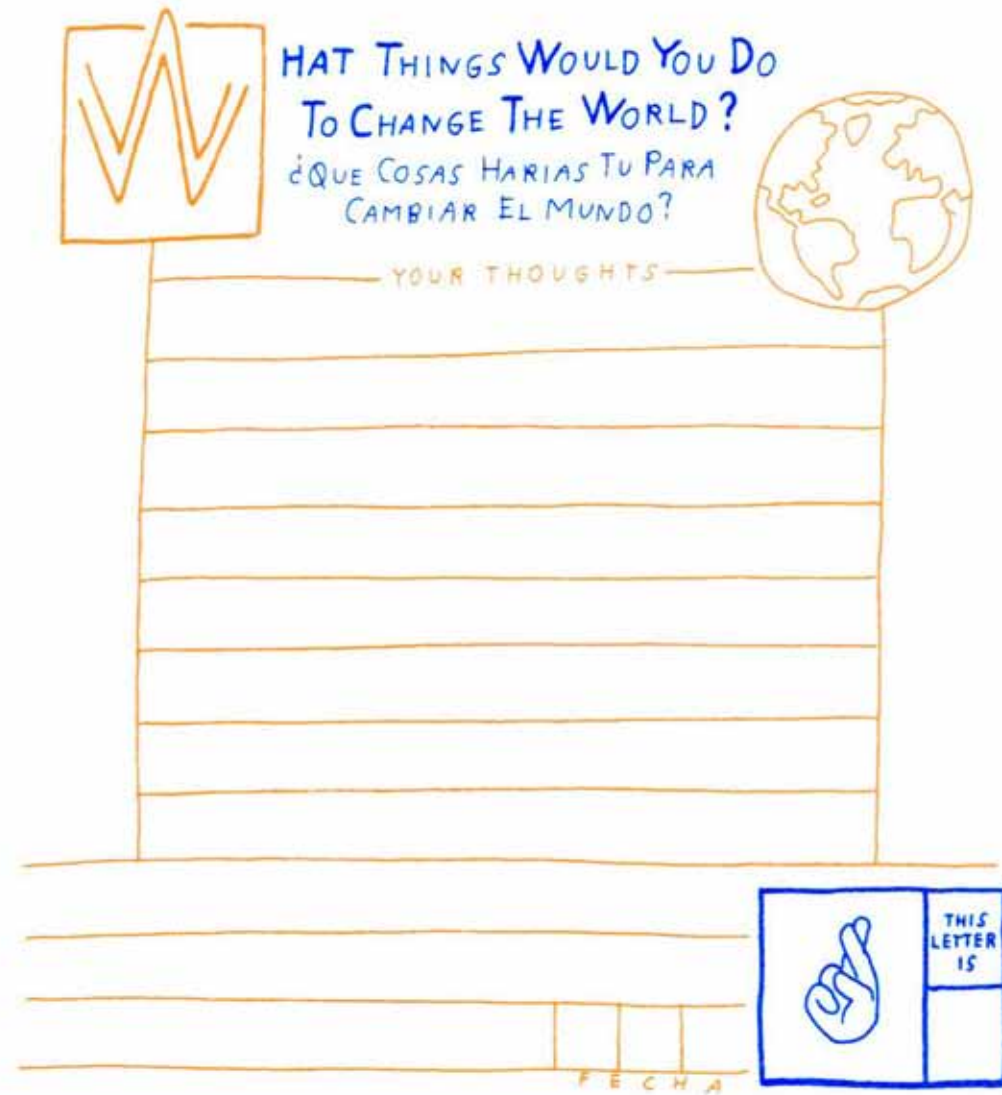
TUS PENSAMIENTOS

LET'S FACE IT

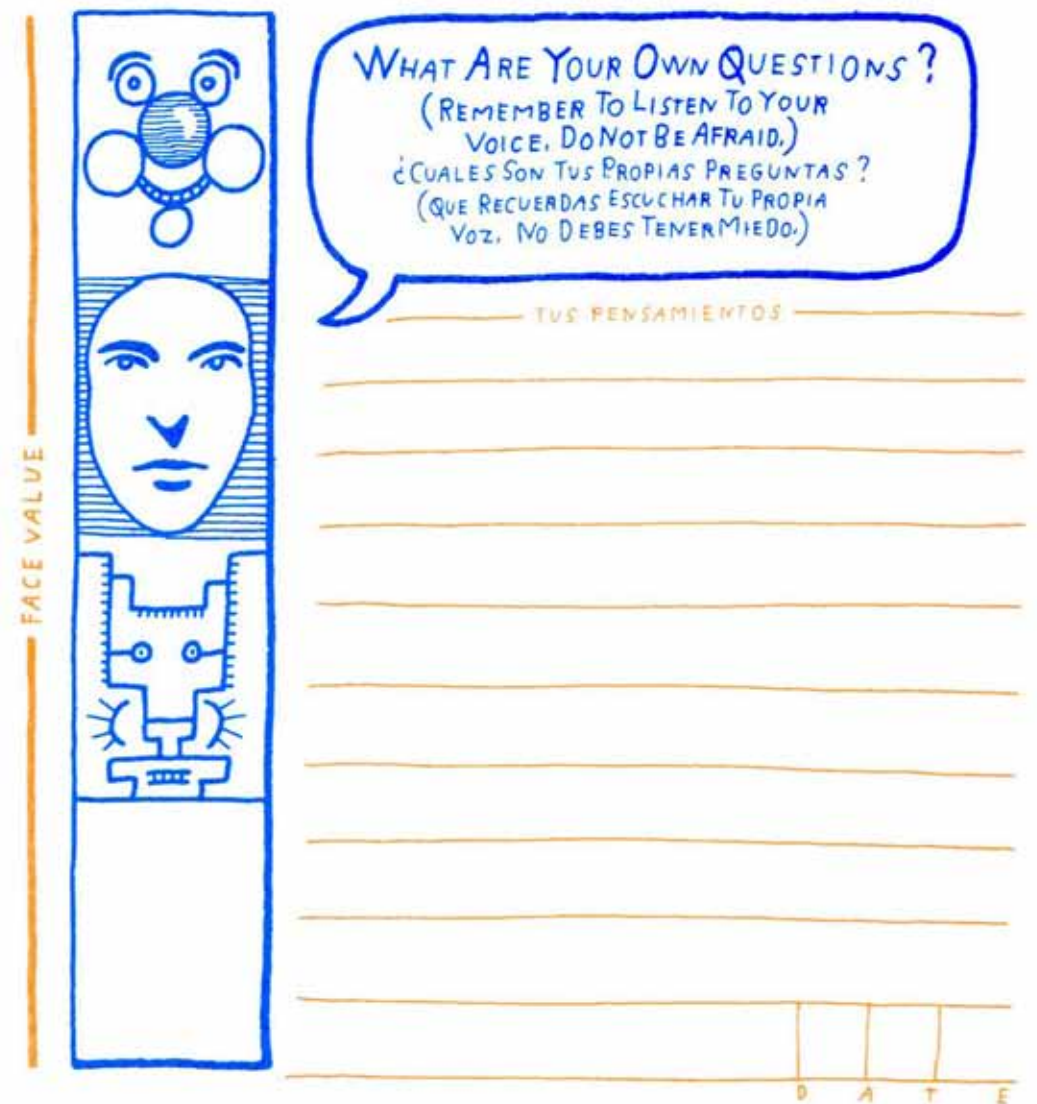


D A T E

A Book of Questions



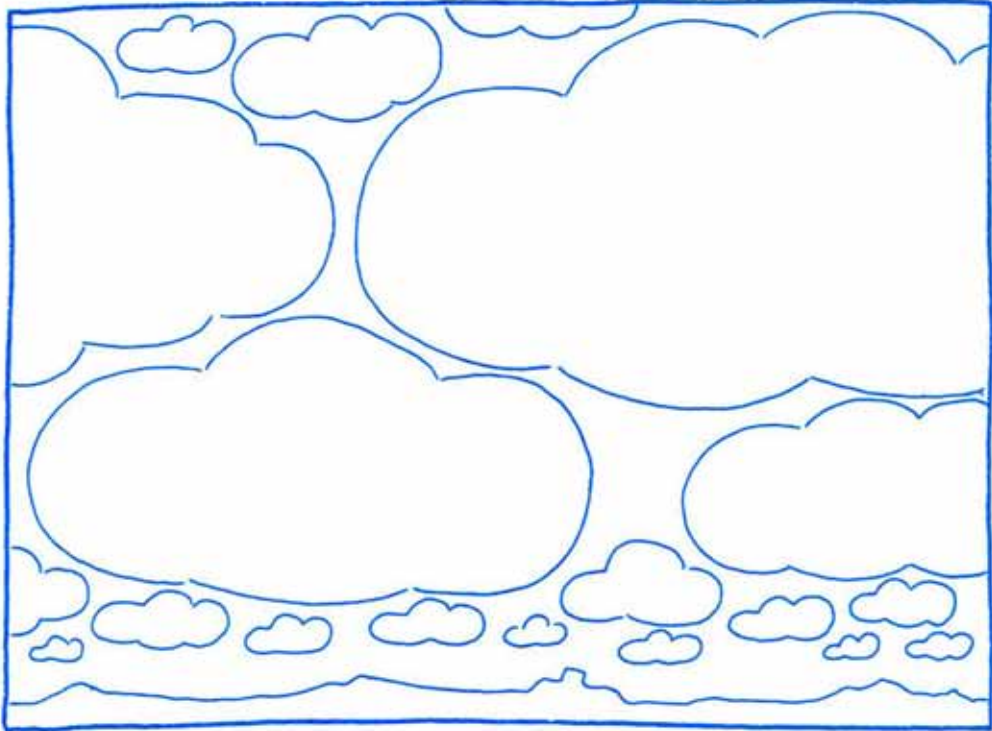
A Book of Questions



A Book of Questions

>> SKY WRITING <<

WRITE · DRAW OR COLOR THIS SPACE



YOUR THOUGHTS

Four horizontal lines for writing thoughts.

	THIS LETTER IS

F E C H A

A Book of Questions

>> DO IT YOURSELF <<



TUS PENSAMIENTOS

Eight horizontal lines for writing thoughts.

D A T E

A Book of Questions

DOODLE ALL YOU WANT

>> DO IT YOURSELF <<

YOUR THOUGHTS

FECHA

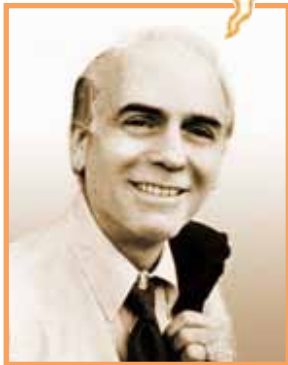
A Book of Questions

DRAW YOUR OWN CONCLUSION

>> DO IT YOURSELF <<

TUS PENSAMIENTOS

D A T E



ABOUT the AUTHOR

In his many books and work as a newspaper editor, **Bill Zimmerman** has pioneered innovative writing techniques to help people express all the important things within them.

His books and web sites are used in literacy and English language learning programs around the world and to encourage creative thinking.

His web sites are:

<http://www.billztreasurechest.com> (which features excerpts from all his books)

<http://www.makebeliefscomix.com> (which enables visitors to create their own online comic strips)

<http://www.somethingtowriteabout.com> (his writing prompts blog for students)

Please visit them.

Among his popular books are:

- Pocket Doodles for Kids
- Make Beliefs: A Gift for Your Imagination
- Lunch Box Letters: Writing Notes of Love and Encouragement to Your Children
- How to Tape Instant Oral Biographies.



ABOUT the ILLUSTRATOR

Tom Bloom is an artist who has brought joy to the world with his cartoons and illustrations which have appeared in publications such as The New York Times, The New Yorker, Fortune and Barron's. He has collaborated with Bill on many other books.

SHARE WITH US

We would wholeheartedly welcome your feedback on using *A Book of Questions*. Please send us your thoughts or suggestions on how we can improve this book, along with your permission to use your ideas. We also welcome your ideas for new question prompts. **For every idea used, a free copy of one of Bill Zimmerman's books will be sent to you.** What was your experience like in using this book? Please share with us.



WRITE TO:

Bill Zimmerman
Guarionex Press Ltd.
201 West 77th Street
New York, NY 10024
E-mail: wmz@aol.com

ANOTHER FREE
INTERACTIVE DIGITAL JOURNAL
FROM
MAKEBELIEFSCOMIX.COM



A Book of Questions is part of a series of free interactive digital journals published by MakeBeliefsComix.com. They are part of our mission to help people of all ages discover their writers' voices and express their deepest thoughts through writing.

.....

THE OTHER E-BOOKS ARE:

- [*Something to Write About*](#): Writing Prompts for English Language Learners and Literacy Students
 - [*Laptop Letters*](#): Sending Wise & Encouraging Messages to Young People in Your Life
 - [*Hummingbird Joy*](#): A Book of All the Things That Make You Happy
 - [*Make Beliefs*](#) to Spark Your Imagination
 - [*Words I Wish*](#) Someone Had Said to Me As A Kid
 - MakeBeliefsComix [*FILL-ins*](#)
-

If you find our work useful, please consider making a small financial contribution to us at PayPal.com at:

<http://www.makebeliefscomix.com/Contribute/>.

And please share our work with your friends, family members and colleagues. Thank you.